

1 **Structural Bridges and Mechanically-Driven Spatial Patterning Along**
2 **Mitotic Chromosomes**

3
4 Chu, L.¹, Liang, Z.¹, Mukhina, M.¹, Vincenten, N.^{1,2}, Fisher, J.^{1,3}, Cribb, J.⁴, Hutchinson,
5 J.⁵ and Kleckner, N.^{1*}

- 6
7
8
9
10 1. Department of Molecular and Cellular Biology, Harvard University, Cambridge, MA.
11 02138
12 2. current address: Department of Genetics, Harvard Medical School, Boston, MA,
13 02115
14 3. Redbud Labs, Research Triangle, NC. 27709
15 4. Micro6 LLC, Durham, NC. 27705
16 5. School of Engineering and Applied Sciences, Harvard University, Cambridge, MA.
17 01238

18
19 *Corresponding author and lead contact. kleckner@fas.harvard.edu

20
21 **Keywords:**

22 mechanical effects, chromosomes, spatial patterning, mitosis, sister chromatids,
23 chromosome compaction, torsional stress, chromosome axes

24

25 **SUMMARY**

26

27 Spatial patterning is a fundamental feature of biological and physical systems. Here, by
28 high resolution fluorescence microscopy, we discover that the structural axes of
29 individualized sister chromatids are linked by mini-axis "bridges" and that these bridges
30 are dramatically evenly spaced. These findings reveal a new basic feature, and define
31 the first robust example of spatial patterning, for mitotic chromosomes. Three roles for
32 bridges are identified. Overall, the structural sturdiness and even spacing of bridges
33 allows chromosomes to support the turbulent events of chromosome compaction,
34 spindle formation and anaphase segregation. Analysis of chromosome axis paths
35 reveals that even spacing arises by a mechanical process, as in physical systems.
36 Axial torsional stress plays a prominent role, linking this mechanism to classical theories
37 of elastic rods. A two-tiered process emerges. These findings suggest that
38 mechanically-driven even spacing will be a general feature of chromosome organization
39 and function in ways yet to be discovered.

40

41

42 INTRODUCTION

43

44 Chromosomes can usefully be considered as mechanical objects whose organization
45 and functionality are governed by internal and external forces and resultant stresses. In
46 support of this perspective, we have previously shown that the mitotic chromosomal
47 program comprises alternating periods of bulk chromatin compaction and expansion
48 whose properties suggest that they correspond to periods of accumulation and release
49 of stress as mediated by installation and removal of molecular and catenation tethers
50 (Kleckner et al., 2004; Liang et al., 2015).

51 One of the most attractive features of mechanical systems is that they provide an
52 automatic built-in possibility for spatial patterning. As mechanical objects,
53 chromosomes should be subject to such patterning. For example, if a system is under
54 stress, a local stress-promoted will necessarily result in a local reduction in stress. In a
55 complex system, that effect will tend to spread outward, thereby producing a self-limiting
56 domain of reduced stress. If a second stress-promoted change occurs, it will tend to
57 occur outside of this domain. And as additional events occur, they will tend to "fill in the
58 holes" between the domains resulting from previous events, ultimately tending to
59 produce a pattern of evenly-spaced changes (Kleckner et al., 2004; Figure 1A).

60 However, at present, there is no robust example of spatial patterning within, along or
61 among mitotic chromosomes, irrespective of mechanism. In the present study, using
62 high resolution live cell fluorescence imaging of diverse mammalian cells, we identify
63 such patterning and show that it does, in fact, arise by a mechanical process.

64 We first describe our discovery that individualized sister chromatids are linked by
65 structural bridges from the time of sister individualization at late prophase through their
66 progressive loss at anaphase. These bridges represent a new basic feature of mitotic
67 chromosomes and a completely new aspect of sister chromatid connectedness.

68 Furthermore, definition of molecular components reveals that these bridges are
69 miniature structural axes. Thus, these bridges are mechanically robust and therefore
70 specifically suitable for roles in protecting chromosomes from the external forces and
71 turbulence characteristic of spindle formation and in constraining internal forces that
72 may arise during chromosome compaction. Three such roles are defined.

73
74
75
76
77
78
79
80
81
82
83
84
85
86
87
88
89
90
91
92
93
94
95
96
97
98
99
100
101
102
103
104

Secondly, we show that these inter-sister bridges are dramatically evenly spaced along the chromosomes, at all stages from prophase to onset of anaphase. This discovery represents the first example of spatial patterning along/among mitotic chromosomes. By analysis of axis paths, we have elucidated the mechanism of this patterning: even spacing arises by a two-tiered mechanical process that prominently involves accumulation and relief of torsional stress along the chromosome axes. Among other implications, these results imply that the previously-defined concept of chromosome progression by alternating cycles of stress and stress relief (above) can apply not only to bulk chromatin but also to events along chromosome axes. In addition, these findings, for the first time, link a basic biological process to classical physical theories of elastic rods from the turn of the previous century. We propose that the observed effects provide a new general paradigm for thinking about global chromosome behaviors.

RESULTS

Background. High resolution fluorescence imaging has defined the basic morphological progression of chromosomes from the time they first appear as discrete units at the classical stage of mid-prophase to the time of separation onset at anaphase (Figure 1B; Liang et al., 2015 and Nagasaka et al., 2016; see also Gibcus et al., 2018). Mid-prophase chromosomes are assembled into co-oriented sister linear loop arrays, with loops emanating asymmetrically from a robust structural axis (further discussion below). Sister chromatids then individualize during a late prophase transition stage, characterized by splitting at both the axis and chromatin levels, with loops reorganized into a more radial disposition around the individual axes. Chromosome length does not change and, overall, chromosome volume increases (Liang et al., 2015). This transition, which occurs much earlier in the program than previously suspected, is enabled by synergistic loss of cohesins and topological catenations. Then, from prometaphase to late metaphase, individualized chromosomes become shorter and fatter in preparation for anaphase separation.

105 This progression has the characteristics predicted for chromosome stress cycling at the
106 bulk chromatin level: compaction, with installation of tethers, to give a high energy
107 stressed state; expansion via release of tethers in which stress is alleviated and
108 previously stored energy is used to promote sister individualization; followed by another
109 round of compaction (Figure 1B; Liang et al., 2015)

110

111 These recent findings raised two further questions. First, mid-prophase chromosomes,
112 and their axes, were found to exhibit sharp bends and kinks (Liang et al., 2015; Figure
113 1C left), the origin and significance of which are unknown. Second, since sister
114 chromatids individualize so early in the program, they must somehow retain a regular,
115 parallel, side-by-side relationship for the entire period of prometaphase and metaphase
116 (Figure 1C right; Gimenez-Abian et al., 2004; Video 1). This in turn implies that a
117 regular relationship must be maintained despite the turbulent and disruptive effects of
118 spindle formation and, internally, of progressive chromosome compaction. The only
119 features implicated in sister associations after prophase are residual cohesins, which
120 are present at the inter-sister interface, plus topological catenations which, however, are
121 known at least partially dynamic (Gimenez-Abian et al., 2004; Piskaldo et al., 2017).
122 The discoveries described below emerged from further investigation of these issues.

123

124 **Sister Chromatids are Linked by Inter-axis Bridges from Late Prophase to**
125 **Anaphase.** TopII α localizes along the axes of mammalian chromosomes from
126 prophase through anaphase (Liang et al., 2015; Maeshima and Laemmli, 2003; Gomez
127 et al., 2013; Gimenez-Abian et al., 2002). By high-resolution visualization of TopII α we
128 discover that sister chromatid axes are linked by discrete bridges along their lengths,
129 from the time of sister individualization onward. Bridges emerge at late prophase and
130 persist into/through anaphase (Figures 1D-1F and S1A; below). TopII α bridges are
131 observable in diverse mammalian cell types as visualized by diverse methods, i.e. 3D
132 imaging in living pig (LLC-Pk) cells expressing GFP-TopII α (Figure 1D) and by
133 immunostaining of fixed whole cells of muntjac (DM87), human (HeLa, HCT116) and pig
134 (LLC-Pk) (Figures 1E, 1F and S1B) and of diverse spread cell preparations (Figure
135 S1C; below), irrespective of ongoing changes in chromosome stage, and in all analyzed

136 cell lines (details below). Other components are described below. The identified
137 bridges comprise a new basic feature of mitotic chromosomes and are the first feature
138 of sister connectedness to be identified since the discovery of cohesin proteins more
139 than years ago.

140

141 **Bridges Exhibit Even Spacing and, thus, One-dimensional Spatial Patterning.**

142 Bridges are very evenly spaced, with the same inter-bridge distance of ~400nm, at all
143 stages from appearance to disappearance. This feature is visually apparent (Figure 1D-
144 F) and has been quantitatively documented for TopII α signals, and for signals of other
145 bridge components, in living and/or fixed cells of muntjac, HeLa and pig (Figure 2ABC;
146 Figures S1-S3; Figure S5). Notably, moreover, bridge spacing remains constant even
147 as chromosome axes become progressively shorter (Figure 2BC). Correspondingly, the
148 number of bridges along the chromosomes decreases in parallel with decreasing
149 chromosome length on both an individual and a per-nucleus basis. These observations
150 are important for two reasons. First, even spacing in a feature that is predicted to be
151 important for many global chromosomal processes (Introduction) and this is the first
152 robustly-defined example of this pattern for a mitotic chromosomal event. Second, even
153 spacing implies the presence of one-dimensional spatial patterning. The mechanism of
154 such patterning is of fundamental interest.

155

156 We have previously shown that individualizing sister chromatids first form small
157 "bubbles" of axis splitting which then progress to fully-split axes (Liang et al., 2015;
158 Figure 2D). We now see that bubbles also tend to be closely and evenly-spaced, at the
159 same ~400nm distance as bridges (Figures 2E, 2F top). Correspondingly, bubble
160 lengths are slightly smaller than inter-bridge distances and are extremely uniform
161 (Figure 2F bottom). These considerations imply that the primary outcome of one-
162 dimensional spatial patterning is an array of evenly-spaced bubbles, with bridges then
163 emerging at the positions between those bubbles (Figure 2G).

164

165 **Inter-axis Bridges are Miniature Axes.** Bridges are also detected by visualization of
166 other axis components. Where tested, these components colocalize with TopII α

167 bridges ([Figures 3A-3J](#) and [S2A-S2I](#)). By prometaphase, bridges contain not only
168 TopII α but also other known components of post-prophase axes, condensin II,
169 condensin I, SMC5/6 and HMG1/Y, as shown by analysis of living and/or fixed cells of
170 human, pig and/or muntjac ([Figure 3A-G](#)). In addition, bridges also contain the cohesin
171 complex as defined by Rad21. Bulk cohesin is lost from the chromosomes during sister
172 individualization at late prophase, both within the chromatin and along chromosome
173 axes; however, a small residual amount of cohesin is known to remain at the inter-sister
174 interface, and must be cleaved in order for sisters to separate at anaphase ([Gimenez-
175 Abian et al., 2004](#)). We can now say that this residual cohesin is present on bridges.
176 Correspondingly, removal of bridges requires cohesin cleavage ([Figure S9B](#)).

177
178 Inter-sister bridges also contain DNA, again as seen in living and/or fixed cells from
179 various organisms ([Figures 4A-4E](#)). Moreover, differential staining of sister chromatid
180 DNAs, by sequential labeling with EdU and BrdU, reveals that DNA from each sister
181 emanates inward along each bridge ([Figures 4F-4H](#)). It is highly likely that bridges
182 contain catenated sister chromatin loops ([Figure 4I](#)), for two reasons. First, as
183 described below, TopIIa activity is required in real time for disassembly of bridges.
184 Second, in budding yeast, cohesin and SMC5/6 (both components of bridges, above)
185 play direct roles in maintaining catenations between sister chromatids ([Farcas et al.,
186 2011](#)). Third, Rad21/cohesin and topological catenations between sisters are known
187 components of unsplit midprophase chromosomes ([Liang et al., 2015; Nagasaka et al.,
188 2016; Gimenez-Abian et al., 2002](#)).

189
190 Cohesin and topological catenations between sister chromatid loops are basic features
191 of unsplit mid-prophase chromosome axes (e.g. [Liang et al., 2015](#)), further suggesting
192 that the inter-sister bridges evolved from unsplit axis segments and directly matching
193 the finding (above) that bridges emerge from the residual unsplit prophase axis
194 segments that remain between adjacent bubbles ([Figure 2G](#)).

195
196 Overall, these findings imply that bridges are miniature axes ([Figure 4J](#)). One important
197 implication is that the two sister chromatid axes, as linked by bridges, comprises a

198 single, integral structural entity. Among other implicates, this integrated structure
199 provides mechanical rigidity to the inter-sister relationship beyond that which could be
200 afforded by elastic cohesin/catenation linkages between peripheral chromatin loops.
201 This mechanical robustness allows them to both resist and constrain both external and
202 internal forces (further discussion below).

203
204 **Three Roles of Bridges Exploit Both Even Spacing and Structural Robustness.**

205 Time-lapse imaging of prometaphase/metaphase chromosome TopII α axes in living
206 cells reveals that sister axes undergo dramatic fluctuations in shape when located both
207 within, and far from, the main spindle assembly (Figures 5A and 5B). Since bridges are
208 present throughout this period (e.g. Figures 1C-1E), we infer that they are responsible
209 for maintaining this close alignment in the face of spindle forces. Structural robustness
210 has a clear advantage over peripheral chromatin/chromatin connections, whose
211 intrinsically elastic nature would not afford such closely parallel alignment. Even
212 spacing is also advantageous. Bridges are spaced at an interval (~400nm) that is
213 similar to or shorter than the length scale of the observed conformational fluctuations,
214 thus ensuring regular coalignment regardless of the positions and natures of shape
215 changes.

216
217 The existence of bridges has, furthermore, important potential implications for the
218 process of longitudinal compaction. Chromosomes become progressively shorter (and
219 fatter) from prometaphase to late metaphase, exactly the period when bridges are
220 present. Given that they arise by a complex mechanism that is linked to sister
221 individualization at late prophase (Figure 2D; below), it seems unlikely that bridges can
222 arise *de novo* at later stages. Rather, it seems likely that bridges, once formed, remain
223 present until they are progressively evicted during the compaction process or, finally,
224 removed during anaphase (below). If the process of compaction is evicting bridges,
225 then bridges must to some degree be constraining compaction. More specifically: it
226 has been assumed for more than a century, and argued recently from molecular studies,
227 that individual chromatids become shorter in end-to-end length by progressive helical
228 coiling (e.g. Marsden and Laemmli, 1979; Gibcus et al., 2018.) However, the presence

229 of stable bridges would absolutely preclude regular helical coiling along the chromatid
230 lengths, because each helical turn along one chromatid would force it to intertwine with
231 the other chromatid into a plectonemic relationship, which is not observed and would
232 not be compatible with clean separation at anaphase. These findings strongly suggest
233 that the presence of bridges *between* sister chromatids also constrains the process of
234 chromosome compaction *along* each chromatid, with specific implications to be
235 determined. For any such effect, mechanical robustness will again be important, to
236 constrain compaction forces. Even spacing will also be important to ensure that
237 constraining effects act regularly along the chromosomes. In fact, the ~400nm spacing
238 of bridges is of the same order as previously-defined protein abundance domains
239 ("barber poles") (3and Laemmli, 2004) and certain molecularly-defined features (Gibcus
240 et al., 2018).

241
242 Finally, timelapse imaging also reveals that bridges are the final target of programmed
243 anaphase separation. During wide separation of sister chromatids, sisters "peel apart"
244 progressively from their centromeres. Bridges are removed progressively at the
245 separation fork, with bridges between telomere regions being the last to be removed
246 (Figure 5C). Moreover, if TopII α -inhibitor ICRF193 is added to cells undergoing this
247 process, separation is stopped "in its tracks", with bridges present (Figures 5D and 5E).
248 We infer that bridges are the actual molecular target of programmed (APC-promoted)
249 anaphase segregation. Even spacing of bridges can promote this process by ensuring
250 regular processive progression; the structural rigidity can ensure that sisters withstand
251 spindle forces until the separation process has reached the appropriate site; and the
252 structural complexity of bridges can ensure that separation is a fully-programmed event
253 that rarely or never occurs "by accident". Onset of bridge removal also requires
254 cleavage of bridge-associated cohesin (Figure S9B) and APC activity (Figure S10).

255
256 These images also reveal that peeling-apart is preceded by an abrupt separation of
257 sisters globally along their lengths (Figures 5B and 5C, yellow; Figure S8). This
258 process is visible in videomicrographs of whole living *Haemanthus* chromosomes
259 (Video 1; Figure S8).

260

261 **Spatial Patterning by a Mechanical Process.** Even spacing of inter-sister bridges
262 provides a unique example of spatial patterning within chromosomes. Such a pattern
263 could emerge by a mechanical process, as must be the case in all physical systems,
264 and as proposed for meiotic crossovers (Kleckner et al., 2004) or by a reaction-diffusion
265 mechanism (Turing, 1952) as documented in multiple living systems (review in Halatek
266 et al., 2018). We previously showed that unsplit prophase axes exhibit prominent
267 deformations, e.g. bends and kinks (Liang et al., 2015; Figure 1C left; Figure 6A top;
268 below). We suspected that these forms resulted from the effects of internal mechanical
269 stress. In such a case, internally-generated forces would be trying to promote
270 conformational changes which, however, would be resisted by chromosome
271 organizational features. This situation, of constrained force, is the definition of
272 mechanical stress (which is measured in force/area). If stress could then promote local
273 sister splitting, with redistribution of the resulting relief of stress, multiple such events
274 would give an array of evenly spaced bubbles, and then bridges in a paradigmatic stress
275 and stress-relief process (Introduction; Figures 1A and 6A).

276

277 **Prophase Axes Are Under Internal Mechanical Stress.**

278 If bridge patterning results from a stress-and-stress relief mechanism, unsplit axes
279 should accumulate stress (e.g. above).

280

281 **Morphological Evidence.** Four observations support our original intuition that axis
282 deformations reflect the presence of mechanical stress. (i) The extent of deformation
283 increases from mid- to late prophase, as seen by a decrease in the proportion of axes
284 that are "smoother" rather than "more deformed" (Figure 6ABC), consistent with
285 progressively increasing stress. (ii) As bubbles emerge, their adjacent unsplit regions
286 tend to "more deformed" rather than "smoother", as if an entire chromosomal region
287 comes under stress before giving rise to a bubble (Figure 6D). (iii) Blocking sister
288 splitting by inhibition of TopII α (with ICRF) results in hyperdeformation of axes (Figures
289 6E and S4). This effect confirms progressive accumulation of deformation (and, by

290 implication, stress). More importantly, it shows that, in normal cells, splitting alleviates
291 deformation, in accord with our envisioned scenario.

292

293 *Evidence from Axis Centroid Paths.* Clear evidence for the presence of stress within
294 axes emerges from detailed analysis of the paths of their intensity centroids. Prophase
295 chromosome axes (Figure 6F; Liang et al., 2015) comprise a bulky
296 protein/protein/DNA/DNA (catenation) meshwork from which chromatin emanates,
297 mostly asymmetrically in one direction (Figure 6G) in a corresponding shape (Figure
298 6H). Importantly, the axis is a discrete entity mechanically, as well as morphologically
299 (Houchmandzadeh and Dimitrov, 1999; Marko and Poirier, 2003), and thus suitable for
300 supporting and transmitting stress. To further explore the nature of axis deformations,
301 and thus possible sources of mechanical stress, we defined the paths of the intensity
302 centroids for both axis (TopII α) and chromatin (DAPI or H2B-mCherry) shapes (Figure
303 6I; STAR Methods). In brief, each shape was sliced along its length; the intensity
304 centroid of each slice was determined; and the path of the centroid along its shape was
305 defined. For axis centroids, tendencies for left- and right-handed helicity were
306 determined and shown in red and blue, respectively, along the path (Figure 6I right).

307

308 The centroid paths of unsplit axes exhibit two distinctive features (Figures 6I-6L; Videos
309 2 and 3). First, axes exhibit helicity along their lengths, and this helicity comprises
310 regularly alternating segments of left- and right-handedness, (Figures 6I-6L). Second,
311 the paths are strikingly planar (Figures 6I-6L). The presence of helicity implies the
312 presence of axial writhe, where writhe comprises the combination of bending and
313 twisting. The purest form of writhe is a simple helix. Relative to a simple helix, the
314 observed axial writhe is constrained, in two respects. First, alternation of left- and right-
315 handedness implies the presence of a topological constraint, which affects the twisting
316 component of the writhe. Second, the planarity of the axis path implies that writhe is
317 anisotropic and, more specifically, that there is a constraint on the bending component
318 of the writhe. These effects point to the existence of an underlying force for helicity that
319 is impeded/constrained by chromosomal features. Such a situation, by definition,
320 implies the presence of internal mechanical stress (force per unit area). Thus, the

321 observed axis conformation of constrained writhe provides very strong evidence for the
322 presence of internal mechanical stress within unsplit axes. We note that when writhing
323 occurs as mechanical instability, as we infer here, it represents a form of buckling.

324

325 *A Novel Consensus Conformation.*

326 T The observed features also reveal an interesting basic underlying consensus pattern
327 along the axes: a regular series of evenly-spaced bends, with changes in handedness
328 occurring at every other bend, at regular intervals of ~200nm (Figures 6J-6L right,
329 turquoise and yellow dots; Figure 6N). We refer to this unique conformation as
330 "sequential half helices of alternating handedness".

331

332 More specifically: (i) On average, segments of the two helical handednesses are of the
333 same, relatively uniform contour length (~200nm ; Figures 6M and S6A). There is no
334 consistent bias for left- or right-handedness as defined by either the relative numbers of
335 segments of the two types (Figures 6M (insets)) or by the total contour lengths of each
336 handedness (Figure S6B). These patterns thus imply a quite regular consensus
337 substructure of alternating "LRLR" segments (Figure 6M bottom). (ii) Centroid paths
338 exhibit prominent bends, which also tend to be regularly spaced (Figures 6I-6L). (iii)
339 There is a correlation between the positions of bends and handedness changes, with
340 handedness changes tending to occur at the positions of every other bend (e.g. Figures
341 6I-6K and 6L left; blue and yellow dots).

342

343 Three features of this conformation further confirm the presence and accumulation of
344 internal stress within unsplit axes. (i) the bends and handedness changes are evenly
345 spaced, regardless of their frequency (e.g. Figure 6K (i,iii) versus other examples in
346 Figures 6I-6K). These effects strongly suggest that both features arise due to relief and
347 redistribution of internal mechanical stress along the shape, with more frequent
348 deformations reflecting accumulation of stress. (ii) The fact that bends and handedness
349 changes tend to coincide is strongly suggestive of a cause and effect synergy between
350 the two features, which can be expected from actively-induced writhe. (iii) The fact that
351 deformation (and thus writhe) increases with time (Figure 6C) points strongly to

352 accumulation of writhe by an active process, with accompanying accumulation, relief
353 and redistribution of stress giving the observed pattern of evenly-spaced alternating
354 half-helices, rather than occurrence of a static process in which a writhed path is a
355 passively-constructed architectural feature.

356

357 **Axial Torsional Stress as Constrained by the Chromatin Matrix.** The presence of
358 constrained writhe implies the presence of stress within unsplit axes (above). But what
359 is the underlying basis for this unique conformation?

360

361 Strikingly, the consensus structure for the axis path (Figure 6N) corresponds closely to
362 that which emerges when an elastic rod is subjected to axial torsional stress. In such a
363 system, the rod will twist up to a certain point and then, when the level of stress reaches
364 the characteristic twisting limit of the rod, any additional twist is manifested as writhe
365 (e.g. Figure 6O). This classical effect has been widely modeled, beginning with the
366 classical analyses of Kirchhoff and Love (Kirchhoff, 1859; Love, 1927), and is seen to
367 apply in both physical and biological (DNA) systems (e.g. Goyal et al., 2005, 2007). In
368 the present case, the conformation of each individual ~200nm left- or right-handed axis
369 segment corresponds to that observed when writhe first begins to develop, prior to
370 development of a full helix (Figures 6O and 6P). Similarly, from a topological
371 perspective, this conformation corresponds to the intermediate state that arises as twist
372 is converted to helical writhe (Figures 6Q and 6P). We note that in the previously
373 considered cases, stress arises either from external forces imposed at one end of a rod
374 (Kirchhoff, 1859; Love, 1927; Figure 6O) or by internal growth of a rod with fixed ends
375 (Gerbode et al., 2012). In the current case, as far as we know, chromosome ends are
376 neither constrained nor subject to any imposed forces. We infer that torsional stress is
377 both imposed and stored internally within the chromosome axes.

378

379 The further question, then, is how are the effects of torsional stress constrained to give
380 the observed consensus shape (Figure 6N). Geometric anisotropy reflects a constraint
381 on the bending component of writhe while the alternating handedness of helicity reflects
382 a constrain on the twisting component (above). Coordinate analysis of axis and

383 chromatin centroid paths reveals that bending occurs only in the image plane (Figures
384 6L and S?). This relationship points to axis/chromatin matrix interplay as the source of
385 the bending constraint. Specifically, it can be predicted bending perpendicular to the
386 image plane of the shape would require compression of adjacent chromatin loops
387 (Figure 6R) and this is intrinsically disfavored under *in vivo* solvent conditions (Marko
388 and Siggia, 1997; Kleckner et al., 2004). The topological constraint on axial writhe, i.e.
389 the constraint on axis twisting, could also reflect a constraint imposed by the supra-axial
390 chromatin matrix, which would have to twist concomitantly. In accord with these
391 possibilities, the chromatin centroid path is less deformed as compared to the path of
392 the underlying axis (Figures 6I and 6L). This difference suggests that the chromatin
393 matrix is responding to axis deformations in a muted way, as expected if it is tending to
394 resist those changes. In summary: the twisting and bending constraints on writhe are
395 both economically explained by resistance from the supra-axial chromatin matrix.

396

397 **A Two-tiered Mechanical Process Explains Even Spacing.** We envision that
398 mechanical stress within unsplit axes can promote local axis splitting, with
399 accompanying relief and redistribution of stress. Such events, occurring sequentially at
400 multiple sites, would lead to formation of evenly-spaced bubbles and then bridges
401 (above; below).

402

403 The presence of stress along unsplit axes is revealed by the presence of constrained
404 writhe (above). In our envisioned scenario, that stress is used to promote axis splitting,
405 i.e. bubble and bridge formation, with a concomitant reduction in stress. Therefore our
406 scenario specifically predicts that split late prophase axes should exhibit less writhe
407 than their unsplit precursors. This prediction is fulfilled. Parallel visualization of
408 chromosomes at the two stages in living LLC-Pk EGFP-TopII α cells (Figure 7A; Videos
409 4 and 5) reveals closely analogous axis paths, with alternating ~200nm segments of
410 left- and right-handed helicity (Figures 7A and 7B). However, detailed analysis reveals
411 that the axes of late prophase chromosomes exhibit less prominent curvature as
412 compared to axes of unsplit chromosomes. This reduction is reflected in both the total
413 distribution of curvatures at all positions and of average per-centroid curvature values

414 (Figure 7C). Reduction in curvature is diagnostic of reduced writhe which, in turn,
415 implies that axis splitting is accompanied by a reduction of internal stress.

416

417 In fact, at a topological level, reduction of writhe is precisely the effect predicted if stress
418 arises from axial twisting. Axial torsional stress will, by its intrinsic nature, tend to
419 promote axis splitting: split axes, being thinner, will more easily accommodate/absorb
420 twist. This effect will reduce the amount of unaccommodated twisting and will, therefore,
421 result in a reduction in writhe, as observed.

422

423 Taken together, the above findings suggest a simple but elegant two-tiered mechanism
424 for the emergence and one-dimensional spatial patterning of bridges along mitotic
425 prophase chromosomes (Figure 7D). In this mechanism, the existence of the two tiers
426 reflects temporal interplay between accumulation of axial torsional stress and
427 programmed loss of inter-sister cohesion/catenation linkages.

428 Tier 1. Axial torsional stress is continuously generated within unsplit axes.
429 Initially that stress creates a regular pattern of axis deformations, i.e. sequential half
430 helices of alternating handedness. An important feature of this path is that the sites of
431 handedness changes are discontinuities and thus should comprise local weak points or
432 "flaws" along the axis (open circles open circles in Figures 7D top and 6N). These flaws
433 are mechanistically analogous to the flaws present in the physical system described in
434 Figure 1A).

435 Tier 2. Torsional stress then promotes axis splitting. Such splitting will occur
436 preferentially at the positions the Tier 1 flaws (Figure 7D middle), analogously to the
437 occurrence of "cracks" at the sites of flaws in the described physical system (Figure 1A).
438 During prophase, as the level of torsional stress increases, chromosomes undergo
439 molecularly-directed loss of cohesion/catenation linkages. Loss of these linkages
440 reduce the level of torsional stress required for splitting and, therefore, will provides
441 critical trigger for onset of that process. Multiple sequential splitting nucleations, each
442 resulting in relief and redistribution of stress over a characteristic distance, will give
443 evenly-spaced regularly-sized bubbles. Residual torsional stress at unsplit positions

444 between bubbles (below) may promote elongation of unsplit segments into bridges
445 (Figure 7D bottom).

446

447 This scenario explains all of the basic observations presented above. Additional
448 information suggests a corresponding morphological progression (Figures 7E and 7F).

449 (i) Left- and right-handed axis segments alternate along unsplit axes every ~200nm
450 (above; Figure 6M). Along unsplit axes, nucleation of splitting at a flaw sites (open
451 circle; above), followed by redistribution of stress, explains the occurrence of bubbles of
452 uniform size (~370nm; Figure 2F). (ii) Split late prophase axes exhibit the same
453 ~200nm alternate handedness spacing as unsplit axes, with an average of one left- and
454 one right-handed segment between each pair of adjacent bridges (Figure 7AB). This
455 conservation of topology is explained by the fact that adjacent unsplit regions are
456 present at the boundaries of each pair of left-plus-right segments, and thus each bubble
457 (Figure 7E, grey arrows). These unsplit regions comprise topological barriers and thus
458 will preclude topological adjustments between different splitting ~370nm regions.

459 However, adjustments within each region can still occur, thus explaining the lack of
460 direct linkage between handednesses on the two sisters (Figure 7B bottom). (iii)
461 Bubbles often exhibit a concave conformation (Figure 7E, right). Such a conformation is
462 expected if axes split by simple displacement within a left-plus-right handed segment
463 (Figure 7E, left). (iv) Closely adjacent bubbles are twisted at the sites of residual unsplit
464 regions (Figures 7F left and 2E). Untwisting (as driven by relief of residual torsional
465 stress; above) could promote elongation of the residual unsplit regions into bridges
466 (Figure 7F).

467

468 Finally, we note that our earlier findings regarding the mid- to late- prophase transition,
469 (Liang et al., 2015), can also be integrated into the above scenario. We showed
470 previously that release of inter-sister tethers allows redistribution of loops into a more
471 radial conformation around each individualizing chromatin and that this effect tends to
472 "push sister chromatids apart". This pushing effect should enhance the effects of
473 cohesin/catenation loss by further reducing the threshold of force required for axial
474 torsional stress to promote splitting. It is important to note, however, that transmission

475 of information *along* the chromosomes, which is the critical feature required for spatial
476 patterning of bridges along split axes, can only be achieved by accumulation and local
477 relief and redistribution of an effect that confers longitudinal communication, e.g. axial
478 torsional stress, which must therefore be the critical trigger for local splitting.

479

480 **Summary.** Evenly-spaced bridges between sister chromatids arise by a mechanically-
481 promoted stress-and-stress relief process driven by axial torsional stress. A two-tiered
482 process is defined. Progression through the two tiers results from temporal interplay
483 between accumulation of such stress and programmed loss of inter-sister
484 cohesion/catenation linkages.

485

486

487

488 **DISCUSSION**

489

490 The findings presented above provide a new perspective on how mitotic chromosomes
491 evolve to meet the unique functional requirements of post-prophase spindle formation
492 and chromosome compaction. They also confirm and reinforce the existence and
493 fundamental importance of mechanical forces within chromosomes, in several respects.

494

495 **Robust Sister Connections After Prophase.** We identify a new chromosomal feature
496 (and, more specifically, a new feature of sister chromatid connectedness): the axes of
497 individualized sister chromatids are linked by evenly-spaced bridges that comprise
498 miniature axes. Thus, the two sister chromatid axes, as linked by bridges, comprises a
499 single, integral structural entity. The structural robustness and even spacing of these
500 bridges are specifically appropriate to their roles in constraining and transducing
501 mechanical forces specific to the period at which they occur.

502

503 Bridges provide physical stability to the sister couple as they align on the mitotic spindle
504 and, then, are likely the ultimate target of anaphase segregation. In addition, most
505 interestingly, bridges are predicted to significantly constrain longitudinal compaction

506 along each chromatid. Specifically: the presence of bridges is not obviously compatible
507 with regular helical coiling, which has been the dominant concept for more than a
508 century, up to and including very recent studies ([Gibcus et al., 2018](#)). This potential
509 implication remains to be explored.

510

511 **Spatial Patterning in Chromosomes.** Even spacing of bridges represents the first
512 robustly-defined example of spatial patterning in mitotic chromosomes. We show that
513 this pattern arises by a unique mechanical stress-and-stress relief process. Given the
514 intrinsic mechanical nature of chromosomes, it can be expected that analogous
515 mechanically-based patterning effects remain to be discovered for other aspects of
516 chromosome organization and function. More specifically, even spacing should be an
517 advantage for all basic features of chromosomes, fundamentally because it ensures that
518 global events will occur in a spatially regular way along their lengths. In fact, DNA
519 replication initiation ([Lebofsky et al., 2006](#)), axial chromosome protein domains
520 ([Maeshima and Laemmli, 2003](#)), and disposition of G1 chromosomes in discrete
521 territories ([Cremer and Cremer, 2010](#)), among other features, all tend to be evenly
522 spaced. Mechanically-based spatial patterning may underlie these and/or many other
523 fundamental features of chromosomes.

524

525 **Patterning by a Two-tiered Mechanism Driven by Axial Torsional Stress.** We show
526 that spatial patterning of bridges arises by a two-tiered mechanism, driven by axial
527 torsional stress. The two tiers represent sequential stages that result from temporal
528 interplay between accumulation of such stress and programmed loss of inter-sister
529 cohesion/catenation linkages.

530

531 The molecular events responsible for generating torsional stress within axes remain to
532 be defined. It can be noted, however, that: (1) important components of unsplit axes
533 are TopII α , condensin II and cohesin ([Liang et al., 2015](#)), three ATP-utilizing molecules
534 that have the capacity to reconfigure chromosomes (reviews in [Skibbens, 2019](#); [Wang,](#)
535 [2002](#)) and (2) important components of cohesins and condensins complexes are HEAT
536 repeat proteins, which tend to be solenoidal (e.g. [Groves and Barford, 1999](#); [Yoshimura](#)

537 [and Hirano, 2016](#)) and which we have shown previously to be elastic transducers of
538 mechanical stress ([Grinthal et al., 2010](#)).

539

540 The specific mechanical process defined for bridge spacing is, to our knowledge, unique
541 in a biological system. Moreover, the observed effects, for the first time, link a basic
542 biological process to classical physical theories of elastic rods from the turn of the
543 previous century ([Kirchhoff, 1859](#); [Love, 1927](#)). Interestingly, however, the process
544 defined here differs importantly from the classical physical case of an elastic rod
545 because the observed effects arise internally within the system and because they reflect
546 complex interplay between the chromatin matrix and the axis ("rod"). Further analysis
547 of bridge formation thus provides a unique opportunity to explore basic physical
548 principles in a biological context.

549

550 In the physical context, we also note that periodic patterns of bends and alternating
551 handedness have been observed previously in elastomer bilayers where the internal
552 stress is generated by bonding together layers with different initial stretches and then
553 relaxing the average stretch by reducing the equal and opposite forces at the ends in a
554 controlled manner ([Liu et al., 2014](#)). However, in that situation, as in the case of plant
555 tendrils ([Gerbode et al., 2012](#); above), the observed effects require tethering of the
556 object at its ends and the handedness changes are smooth "perversions" rather than
557 discrete bends.

558

559 **Summary.** Detailed analysis of mitotic chromosome morphogenesis has revealed a
560 new general feature of sister connectedness, identified the existence of robust spatial
561 patterning within chromosomes, and elucidated a unique mechanism whose mechanical
562 nature is likely to have broad implications and applicability.

563

564

565

566

567

568

569

570

571

572 **ACKNOWLEDGEMENTS**

573 The authors thank T. Hirano, K. Maeshima, J. Ellenberg, G. Gorbsky, M. Kanemaki,
574 Peter Cook, David Lleres, J.V. Shah and J-M. Peters for reagents, M. Stouf for Matlab
575 scripts, all Kleckner laboratory members and Denise Zickler and Guido Guidotti for
576 helpful discussions, and J. Henle for help with manuscript preparation. This research
577 was supported entirely by a grant to N.K. from the National Institutes of Health (GM-
578 025326).

579

580 **AUTHOR CONTRIBUTIONS**

581 L.C. and Z.Y. collected data. Z.Y. discovered bridges and performed initial analyses;
582 L.C. confirmed and extended these initial findings and elucidated the mechanical basis
583 for bridge emergence. N.K., L.C., Z.Y., N.V., M.M and J.H. analyzed data. J.F. and J.C.
584 created the algorithm for centroid path analysis. All authors participated in preparation
585 and/or editing of the manuscript.

586

587 **DECLARATION OF INTERESTS**

588 The authors declare no competing interests.

589

590 **FIGURE LEGENDS (TEXT)**

591 **Figure 1. Mitotic chromosomes and TopII α bridges.** **A.** Even spacing of
592 mechanically-promoted events illustrated for a physical system. Left: a beam coated
593 with a thin brittle film containing weak points ("flaws"). When heated, the beam expands,
594 leading to stress along the film/beam interface which ultimately give rise to cracks at the
595 positions of flaws. Right: A crack results in local relief of stress which redistributes
596 outward in both directions, thereby precluding occurrence of additional cracks nearby.
597 A second crack will occur outside of this domain of stress relief. Analogously, additional
598 cracks will fill in the holes between prior crack domains, leading to even spacing (not
599 shown). Adapted from [Kleckner et al., 2004](#). **B.** Mitotic chromosomes progress from
600 prophase to metaphase in three stages (from [Liang et al., 2015](#)). **C.** Left: prophase
601 chromosomes are morphologically single units that exhibit dramatic shape deformations.

602 Right: at metaphase, sister chromatid arms are still closely aligned. 3D images of living
603 whole muntjac DM87 cells for DNA (Hoechst staining) and fixed whole cell TopII α axes
604 (right) (Liang et al., 2015 and unpublished). **D-F.** TopII α bridges link split sister axes
605 from late prophase through anaphase. **(D)** Living pig LLC-Pk EGFP-TopII α cells; **(E,F)**
606 fixed whole cells stained with anti-TopII α antibody in muntjac DM87 **(E)** and HeLa **(F)**.
607 Dashed bars are 5 μ m and solid bars are 1 μ m. Additional examples in Figure S1.

608

609 **Figure 2. TopII α bridges are evenly spaced and arise from evenly-spaced**
610 **bubbles. (A, C top)** Even spacing of bridges along late leptotene chromosomes. **(A)**
611 SIM images of DM87 nuclei immuno-stained for TopII α ; source nuclei in Figure S4B. **(C,**
612 **top)** Quantification inter-bridge distances for LLC-Pk GFP-TopII α chromosomes in live
613 cells. Distributions of distances were fit by a gamma distribution (STAR Methods).
614 Values of the data mean and the shape parameter from gamma fit are given. **(B, C**
615 **below)** Even spacing of bridges throughout prometaphase and early and late
616 metaphase, at \sim 400nm, as at late prophase (**panel A**). Illustrated **(B)** and quantified **(C)**
617 for LLC-Pk GFP-TopII α chromosomes in living cells. Analogous results for all stages
618 are seen for other cell types in fixed cell images of TopII α and DNA bridges (Figure S5).
619 **(D)** A whole muntjac DM87 nucleus undergoing the late prophase transition, fixed and
620 immunostained for TopII α , exhibits unsplit axes, bubbles of axis splitting and split axis
621 segments linked by bridges. Additional single bubbles examples in Figure S4B. **(E,F)**
622 Bubbles of axis splitting are evenly and closely spaced. This is apparent by visual
623 inspection and confirmed by quantification (e.g. brown and blue). Closely adjacent
624 bubbles are separated by the same distance as bridges (mean \sim 0.4 μ m; **F top**).
625 Bubbles are nearly as long as the inter-bubble spacing (mean = 0.37 vs 0.4 μ m, **F**
626 **bottom vs F top**), in accord with close spacing. **(G)** Data in **panels (C, E and F)** imply
627 that unsplit axes give rise to evenly-spaced bubbles, with bridges then arising in the
628 short remaining unsplit regions that link adjacent bubbles (text).

629

630

631

632

633

634 **Figure 3. TopII α bridges also contain other known structural axis components.**

635 **(A-C)** Bridges contain condensins II and I as visualized for chromosomes in living cells
636 of DM87 **(A)** and HeLa **(C)** carrying GFP-tagged kleisins β and γ respectively (also
637 known as Caph2 and Caph). In **(A)**, all stages are shown, documented by whole
638 nucleus chromosome visualization with H2B-mCherry. **(B,D)** Condensins II **(B)** and I **(D)**
639 colocalize with TopII α along bridges as seen by co-immunostaining of chromosomes in
640 fixed HeLa and/or HCT116 cells. **(E,F)** SMC6 occurs along bridges in colocalization
641 with TopII α as seen by co-immunostaining of DM87 chromosomes. **(G)** Architectural
642 protein HMG1/Y localization to bridges is seen by immunostaining of DM87
643 chromosomes. **(H-J)** Rad21 cohesin colocalizes with TopII α along bridges as seen by
644 co-immunostaining of HeLa cell chromosomes **(H)**. Quantification documents the two
645 signals' colocalization along the inter-chromosomal region (yellow dashed lines in lower
646 images of panel **(H)**), as shown in panel **(J)**. Dashed bars are 5 μ m and solid bars are
647 1 μ m. Corresponding whole nucleus images for all panels plus visualization of
648 condensin I kleisin γ in living DM87 cells are presented in [Figure S2](#).

649

650 **Figure 4. TopII α bridges also contain DNA.** **(A-E)** Bridges are observed by
651 visualization of DNA or chromatin of chromosomes in living and fixed cells as indicated.
652 Direct visualization of overlap with TopII α is shown by co-staining **(D, E)**. Chromosomes
653 in **(B)** and **(C)** are at pre-anaphase where global separation of sister chromatids (below)
654 makes bridges more apparent. **(F-H)** Bridges contain DNA emanating from both sisters.
655 **(F,G)** Sister chromatid DNAs were differentially stained by sequential exposure to low
656 toxicity F-ara-EdU and BrdU followed by further incubation in the absence of either label
657 to allow an additional round of DNA replication and then exposure to a mitotic kinesin
658 Eg5 inhibitor (STLC) to allow accumulation in metaphase (details in [STAR Methods](#)).
659 **(H)** Individual bridges (defined by total staining; arrows in bottom panel) can each be
660 seen to involve DNA signals emanating towards one another from both sisters (dots in
661 top panel). Additional weaker DNA linkages likely reflect nonspecific loop catenations.
662 **(I)** Bridges are proposed to include catenated sister chromatin loops. **(J)** Bridges as

663 defined in **Figures 1-3** contain post-prophase axis components (green) plus cohesin
664 (red) and (proposed) sister loop catenations. Whole nucleus images for **(A-E)** are
665 presented in [Figure S3](#). Dashed bars represent 5 μ m and solid bars are 1 μ m.

666

667 **Figure 5. Bridges between chromatid axes shepherd the sister couple through**
668 **post-prophase stages to ensure their regular segregation.**

669 **(A, B)** Live cell imaging of LLC-Pk EGFP-TopII α chromosomes shows that sister
670 chromatid axes remain closely parallel throughout the dynamic motions of metaphase
671 chromosomes, even when not closely associated with the main spindle (as in panel **(B)**,
672 enlarged images below). Additional examples in [Figures S7A](#) and [S7B](#). **(C)** Live cell
673 time-lapse imaging of LLC-Pk EGFP-TopII α cells elucidates the stages of anaphase
674 (text). Sister chromatids undergo progressive global separation during the minute prior
675 on onset of movement of sister centromeres to opposite poles ($t = -1'0''$ to $0'0''$; yellow
676 line) with slight but discernible separation in the preceding 30" dashed line);
677 quantification in [Figure S7C](#). Analogous progressive global separation is seen in living
678 *Haemaphysalis* chromosomes ([Figure S7D, S7E; Video 1](#)). Bridges remain present until
679 the moment of wide separation (arrow; see also [Figures 1C](#) and [S1A](#)), suggesting that
680 their removal may be the rate-limiting step of programmed separation. Thereafter,
681 chromosome ends remain oriented towards one another ($t = +3'0''$), suggesting the
682 presence of residual invisible linkages (e.g. DNA catenations). **(D)** Visualization of live
683 DM87 chromosomes illuminated with H2B-mCherry reveals that addition of TopII α
684 inhibitor ICRF-193 to chromosomes undergoing anaphase separation ([STAR Methods](#))
685 stops that process "in its tracks", with no loss of bridges or other discernible changes,
686 consistent with the possibility that decatenation of bridge-associated sister chromatid
687 loops is essential for programmed separation via bridge release. **(E)** Live HeLa cell
688 chromosomes illuminated with H2B-mCherry, imaged at indicated times after addition of
689 ICRF-193 as in panel **(D)**, showing robustness of bridges despite chromosome
690 deformation due to arrest (full time course in [Figure S9A](#)). Anaphase separation also
691 requires cohesin cleavage ([Figure S9B](#)).

692

693 **Figure 5. Axis morphologies and centroid paths reveal mechanical stress**
694 **patterns.** (A) Morphological pathway of bridge emergence, illustrated by TopII α axis
695 shapes from DM87 nuclei. Increasingly deformed unsplit axes give rise to bubbles
696 which then develop into mature late leptotene chromosomes with evenly-spaced
697 bridges. Involvement of mechanical stress (text) also indicated. Source nuclei in [Figure](#)
698 [S4A](#). (B) Visual inspection of images of mid- and late prophase nuclei (e.g. panel (B);
699 [Figure S4A](#)) allows categorization of 1.2-1.5 μm unsplit axis segments into smoother
700 and more deformed shapes according to whether the maximum deviation of the center
701 line of the shape from a linear baseline is less or more than ± 3 pixels (B left and B
702 right, respectively). (C) The frequency of more deformed segments is higher in late
703 prophase nuclei than in mid-prophase nuclei (defined by presence and absence of split
704 axes, N=7 and 9 nuclei, respectively). Note: progression to more deformed shapes is
705 likely greater than it appears because axes with increased deformation are constantly
706 being converted to split axis forms. (D) In nuclei undergoing the late prophase transition,
707 bubble regions that have an adjacent unsplit region(s) (bottom) were characterized for
708 whether those regions were smoother or more deformed as defined in panel (B). Most
709 such adjacent unsplit regions are deformed, consistent with a link between deformation
710 and splitting (text). (E) Living pig LLC-Pk EGFP-TopII α cells were treated, or not, with
711 TopII α inhibitor ICRF193 at mid-prophase and imaged thereafter ([STAR Methods](#);
712 [Figure S4C](#)). After 20min, untreated cells were in post-late prophase stages (left)
713 whereas treated cells were arrested in mid-prophase with unsplit axes that had become
714 hyper-deformed (right). (A-E) Dashed bars are 5 μm and solid bars are 1 μm . (F) The
715 mid-prophase cooriented linear loop configuration. (G-I) Representative mid-prophase
716 axis shape and corresponding chromatin shape: Individually (G, left); overlaid in 3D
717 Pymol renderings to illustrate asymmetric emergence of chromatin at top (G, right); in
718 tilted orientations to illustrate corresponding lumpy shapes (H) and with centroids shown
719 (I). For axis centroid paths, tendencies for left- and right-handed helicity are indicated in
720 red and blue, respectively. Images in (G-I) are the same shape whose centroids are
721 shown in Panel L(i). (J, K). Representative centroid paths of unsplit axes, including
722 those seen as shapes (i)-(iv) of panel (A). Shapes (i) and (ii) are "smoother"; all other
723 shapes are "more deformed". Turquoise and yellow dots indicate bends without and

724 with accompanying handedness changes, respectively. Yellow arrowheads indicate
725 sharp bends as in panel **(A)**. Shape perspectives chosen to reveal planarity of axis
726 paths. See [Video 2](#) for diverse perspectives of the centroid path in panel **(J)**. **(L)**
727 Additional examples as in panels **(I-K)** with chromatin centroid paths also shown (green).
728 See [Video 3](#) for diverse perspectives of the centroids in panel **L(i)**. Notably: (a)
729 chromatin centroid paths are smoother than axis paths; and (b) axis centroid paths are
730 bent in the plane of the chromatin loops (yellow arrows). Examples in **(J, K and L (i))**
731 are from DM87; examples in **(L (ii) and L (iii))** are from living LLC-Pk GFP-TopII α cells.
732 **(M)** Distributions of contour lengths of left- and right-handed segments of unsplit axes
733 (above). Prominent peaks at ~200nm (arrows) pointing to a regular consensus
734 alternation (below). Data are for living LLC-Pk GFP-TopII α chromosomes. Total number
735 of segments analyzed (Σ) were obtained from 14 chromosome axis images. The same
736 patterns are seen in chromosomes from fixed whole muntjac cells immunostained for
737 TopII α ([Figure S6A top](#)). **(N)** The inferred consensus structure for unsplit axes:
738 sequential half-helices of alternating handedness. Specifically: sequential ~200nm
739 segments of alternating left and right handedness, each with a central bend, and a bend
740 with associated change in handedness at each inter-segment junction. **(O-Q)** Individual
741 segments along unsplit prophase axes have conformations that match those seen
742 during initial conversion of excess torsional stress into writhe (text). Panel **(O)** shows
743 the effects of increasing torsional stress on an elastic rod. The right end of the rod is
744 restrained in rotation but is allowed to translate towards the left end. (Adapted from
745 [Goyal et al., 2007](#)). Panel **(P)** shows the conformations that arise during topological
746 conversion from twist to writhe (left; adapted from [Wang and Cozzarelli, 1990](#)). Panel
747 **(Q)** shows the relationships among the consensus axis subsegment conformation (e.g.
748 **panels J and N**), the initial deformation in **panel (O)** and the transitional topological
749 conformation in **panel (P)**. **(R)** Planarity of axis bending along unsplit shapes may
750 result from a differential constraint of chromatin pressure on bending perpendicular to
751 the plane of the loops (left versus right).

752

753 **Figure 7. Even spacing of bridges is driven by axial torsional stress in a two-**

754 **tiered process. (A)** Unsplit, splitting and fully split prophase chromosomes imaged in

755 parallel in living LLC-Pk EGFP-TopII α cells (see [Videos 4 and 5](#) for diverse perspectives
756 of the mid- and late prophase shapes at top left and top middle). At all three stages,
757 alternating segments of left- and right-handed helicity are apparent (**panel (O)**;
758 additional examples in [Figure S7A](#)). Tilted version of one late prophase chromosome
759 segment is shown without centroid to emphasize 3D undulations. **(B)** The distribution of
760 segment lengths along the split axes of late prophase living LLC-Pk GFP-TopII α
761 chromosomes. A prominent peak is seen at ~200nm for both left- and right-handed
762 segments (**panel B top**), just as in unsplit chromosomes (**Figure 6M**; [Figure S6A top](#)).
763 Total number of segments analyzed (Σ) were obtained from 9 chromosomes, thus 18
764 chromatid axis images. The same features are also seen in fixed whole DM87 cells
765 immunostained for TopII α ([Figure S6A bottom](#)). Total number of segments of each
766 handedness analyzed (Σ) were obtained from analysis of 9 chromosomes. Additionally,
767 handedness at corresponding positions on sister chromatids is unrelated ([Figure S6B](#)),
768 implying two types of average conformations (**panel B bottom**). **(C)** Split prophase
769 axes show reduced curvature as compared to unsplit axes. Distribution of curvature
770 magnitude for centroid paths of mid- (blue bars) and late (red bars) prophase
771 chromosomes for all points of all analyzed paths (left) and per chromosome averages
772 (right). Blue and red curves are kernel density estimation for corresponding distributions.
773 Top and bottom panels show data for fixed whole cell DM87 chromosomes and live cell
774 LLC-Pk TopII α chromosomes, respectively. Curvature is calculated for arcs of 240 nm
775 ([STAR Methods](#)). **(D)** A two-tier mechanical mechanism. Axial torsional stress first sets
776 up an array of flaws along unsplit axes at positions of handedness changes (Tier 1) and
777 then, enabled by loss of cohesin/catenation likages, gives rise to evenly-spaced spaced
778 bubbles and then bridges (Tier 2). **(E)** The scenario in **panel (D)** predicts that bubbles
779 will exhibit a concave bubble geometry (left). Bubble morphologies match this
780 prediction (right). **(F)** Adjacent bubbles are twisted relative to one another (top left;
781 **Figure 6A(vii)**; [Figure S4C asterisk](#)), consistent with the presence of residual torsional
782 stress. Formation of bridges could be driven by this stress, which could drive
783 "untwisting" followed by bridge emergence by extension of a residual unsplit axis
784 segment (yellow) and concomitant straightening of axes across the bridge region
785 (turquoise, brown).

786

787

788 **FIGURE LEGENDS - SUPPLEMENTAL FIGURES**

789

790 **Figure S1. Additional examples of TopII α bridges. related to text Figure 1. (A)**

791 Snapshots of chromosomes from living LLC-Pk EGFP-TopII α cells at the indicated
792 stages. Bridges are also seen in diverse types of fixed cell preparations and different
793 cell types including **(B)** fixed whole LLC-Pk EGFP-TopII α cells and **(C)** fixed spread
794 DM87 chromosomes visualized with anti- TopII α antibody.

795

796 **Figure S2. Whole nucleus images for protein visualization plus bridges seen with**

797 **condensin I kleisin γ in living DM87 cells. related to text Figure 3. (A-H).** Whole
798 nucleus images corresponding to individual chromosome images shown in text Figures
799 2A-2I. **(I)** Bridges visualized with condensin I GFP-kleisin γ in living DM87 cells.

800

801 **Figure S3. Whole nucleus images for DNA visualization. related to text Figure 4.**

802 **(A-E)** Whole nucleus images corresponding to individual chromosome images shown in
803 text Figures 3A-3E, respectively. **(F)** Bridges at late prophase in *Bomera multiflora* (9,
804 1936). **(G)** Bridges at late prophase in muntjac (Gimenez-Abian et al., 1995).

805

806 **Figure S4. Additional images of late prophase morphogenesis. related to text**

807 **Figures 2, 6 and 7. (A)** Whole nuclei sources of individual chromosome images in text
808 Figures 6A (i)-(ix) and 7E and 7F (orange boxes). **(B)** Whole nuclei sources of SIM
809 images in Figure 2A. **(C)** Examples of bubbles from late prophase nuclei of DM87 fixed
810 whole cells (top) and living LLC-Pk EGFP-TopII α cells (bottom). Note figure 8 shape (*)
811 and 3D deformations (**) as well as general tendency for "boat shape" (text Figure 7E).
812 **(D)** LLC-Pk EGFP-TopII α cells in mid-prophase were treated with DMSO, with or
813 without ICRF-193, and imaged at indicated time points thereafter. Images in text Figure
814 6E are t=22min (DMSO+ICRF) and t=25min (DMSO).

815

816 **Figure S5. Statistics of inter-bridge and inter-bubble distances. related to text**
817 **Figure 2.** Distances between adjacent bridges or between the centers of adjacent
818 bubbles were measured in nuclei of the indicated cell types and stages. Number of
819 distances measured for each case is given. Each distribution was analyzed by fitting to
820 a gamma distribution ([STAR Methods](#)). CI = confidence interval.

821

822 **Figure S6. Segment analysis: lengths, handedness and handedness**
823 **relationships between sisters. related to text Figures 6 and 7. (A)** Length
824 distributions of left- and right-handed axis segments along mid- and late prophase
825 chromosomes from DM87 fixed whole cells immuno-stained for TopII α show the
826 same features seen for axes in living LLC-Pk TopII α cells as described in text [Figures](#)
827 [6M](#) and [7B](#). Data from analysis of 22 midprophase axis centroids and 8 late prophase
828 images (thus 16 individual chromatid axis centroids). **(B, C)** Handedness relationships.
829 Each position along the centroid of an unsplit or split chromosome axis comprises one
830 pixel in the long axis of the shape ([STAR Methods](#)). Each such position is part of a left-
831 or right-handed segment (red or blue, respectively, in text [Figure 6I](#)). The same living
832 LLC-Pk GFP-TopII α images were analyzed as in [Figures 6M](#) and [7B](#), respectively.
833 **(B)** The total number of pixel positions of each handedness were determined for unsplit
834 axes ("Mid-prophase") and for each of the two split axes of late prophase shapes. **(C)**
835 Along late prophase axes, corresponding positions on sister chromatid axes can be of
836 the same or opposite handedness.

837

838 **Figure S7. Additional axis centroid examples. related to text Figure 6. (A)** Multiple
839 examples of axes and their centroids from living LLC-Pk TopII α cells. **(B)** The centroid
840 paths of axes and chromatin shapes tend to rotate around their shared geometric axis.
841 A rotation of one handedness extends over a limited distance before reversing. Such
842 rotation could be driven by chromatin pressure, which will tend to be alleviated by such
843 rotation ([Kleckner et al, 2004](#)).

844

845 **Figure S8. Sister chromatid axis alignment from prometaphase through**
846 **anaphase. related to text Figure 5. (A)** Parallel sister chromatid axis alignment

847 maintained along prometaphase chromosome (circled) despite dramatic shape changes,
848 seen in LLC-Pk EGFP-TopII α cells. **(B)** 3D views of a single sharply-bent
849 prometaphase chromosome confirms continuous coalignment of sister chromatid axes.
850 **(C)** LLC-Pk EGFP-TopII α (pig) cells approaching and entering anaphase as shown in
851 text [Figure 5C](#). Quantification of distances between sister axes defines global arm
852 separation. For each time point, lengths of red lines were averaged (left). Graph (right)
853 shows that separation initiates ~2min before the time that sister centromeres can first be
854 discerned to move towards opposite poles ($t = 0$) and results in approximately a
855 doubling of inter-axis distance (~0.75~1.4 μm). **(D, E)** Videomicrograph of
856 Haemaphysalis chromosomes approaching and entering anaphase. Whole nuclei (top)
857 with indication of sister centromere separation (turquoise, $t=0$) and selected pair of
858 chromosomes (white box) shown in detail below (middle). Distance between the
859 centers of one pair of separating sister chromatids was measured (bottom left).
860 Analogously to the pig cells in **(C)**, these chromatids show global arm separation
861 initiating ~1min before the time that sister centromeres can first be discerned to move
862 towards opposite poles ($t = 0$). From [Video 1](#) ([Inoue and Oldenbourg, 1998](#); doi
863 [mk0780643001](#)).

864

865 **Figure S9. Anaphase separation requires cohesin cleavage and continuous**
866 **action of Topoisomerase II α .** related to text [Figure 5](#). **(A)** LLC-Pk EGFP-TopII α
867 cells in the middle of anaphase were treated with TopII α inhibitor ICRF-193, which stops
868 anaphase sister separation essentially instantly (see also [Figure 5D](#) and [Figure 5E](#),
869 which highlights the 44min and 60min time points of this experiment). **(B)** Bulk cohesin
870 is released from prophase chromosomes at the mid-late prophase transition, leaving
871 residual cohesin at the inter-sister interface; and cleavage of cohesin has been inferred
872 to be required for anaphase sister separation, not only within centromere regions but
873 also along chromatid arms ([Gimenez-Abian et al., 2004](#)). We show here that this
874 interface cohesin is present on inter-axis bridges (text [Figures 3H, 3I](#) and [3J](#)). These
875 considerations predict that cohesin cleavage should be required for removal of bridges
876 at anaphase. We tested this prediction using a HeLa cell line carrying non-cleavable
877 Scc1, tagged by 9 myc epitopes, and expressed from a doxycycline (DOX)-inducible

878 promoter. This strain was exposed to DOX for 12 hours beginning in G1 and a cell in
879 metaphase was then identified and imaged for 110min. In this protocol, progression of
880 chromosomes beyond a prometaphase-metaphase configuration was completely
881 blocked, with bridges remaining present, even as aberrant conformations and an
882 abortive anaphase-like stage occur (**bottom panel**). In contrast, an isogenic wild type
883 strain identified in metaphase and imaged analogously undergoes normal anaphase
884 with concomitant loss of bridges (**top**). These results provide direct confirmation that
885 anaphase sister separation requires cleavage of cohesin between chromatid arms and
886 suggests that this requirement is due the requirement for cleavage of bridge-associated
887 cohesin.

888

889 **Figure S10. Global pre-anaphase sister separation and ensuing anaphase are**
890 **blocked by earlier inhibition of the proteasome. related to text Figure 5.** LLC-Pk
891 EGFP-TopII α cells were exposed to the proteasome inhibitor MG132 in early
892 metaphase (**B**) in parallel with an untreated control (**A**) and monitored thereafter (**STAR**
893 **Methods**). Treatment blocks global chromosomes with a prometaphase/metaphase
894 configuration prior to pre-anaphase sister separation, which finally occurs after ~90min
895 of MG132 (**B**).

896

897

898 **STAR METHODS**

899

900 **LEAD CONTACT AND MATERIALS AVAILABILITY**

901 Further information and requests for resources and reagents should be directed to
902 Nancy Kleckner at kleckner@fas.harvard.edu. This study did not generate new unique
903 reagents. Cell lines transiently containing plasmids were not stored and can be
904 reconstructed from previously-existing reagents.

905

906 **EXPERIMENTAL MODEL AND SUBJECT DETAILS**

907 **Cell Lines.** All cell lines are reported in the Key Resources Table. Human HeLa
908 histone H2B-GFP cell line and pig LLC-Pk EGFP-TopII α cell line were gifts from G.
909 Gorbsky and J.Shah, respectively. HeLa-Scc1-9myc cell line and HeLa-Scc1-9myc-non

910 cleavable cell lines were gifts from J.M. Peters. The native DM87, HeLa, and HCT116
911 cell lines were gifts from P. Cook, J. Shah and M. Kanemaki, respectively. The Indian
912 Muntjac mCherry-H2B cell line was constructed by transfecting DM87 cells with a
913 pH2B-mCherry plasmid (a gift from Jan Ellenberg) and selecting with 1 µg/µl Geneticin.
914 In some experiments, DM87 cells and HeLa cells transient co-express H2B-mCherry
915 and EGFP-Kleisin-β or EGFP-Kleisin-γ after co-transfection with pH2B-mCherry and
916 pEF1a-EGFP-Kleisin-β or pEF1a-EGFP-Kleisin-γ plasmids (the latter were gifts from
917 Kazuhiro [Maeh](#)). The transient transfection protocol was executed using Effectene
918 Transfection Reagent (QIAGEN) according to manufacturer's manual. All cell lines and
919 plasmids are further described in the Key Resources Table.

920 **Standard Growth Conditions.** Cells were grown in Dulbecco's modified Eagle's
921 medium (DMEM; Life Technologies) with 10% fetal bovine serum (FBS, VWR), 2 mM L-
922 glutamine and 100 units/ml penicillin plus 100 µg/ml streptomycin (Life Technologies), at
923 37 °C with 5% CO₂ in a humidified incubator.

924

925 **METHOD DETAILS**

926 **Synchronization and Inhibitor Treatments**

927 For live cell imaging, pig cells were synchronized at G2/prophase boundary by
928 incubating cells with 9 µM CDK1 inhibitor RO3306 for 20 hours ([Vassilev et al., 2006](#))
929 released by washing out the inhibitor with DMEM. Cells enter prophase within 1 hr after
930 release. For DM87 cell snapshot studies, cells were synchronized with 2 mM
931 hydroxyurea at the G1/S boundary for 20 hr. Cells reach mitosis ~7hr after release. For
932 all HeLa cell experiments, cells were synchronized at the G1/S boundary by treatment
933 with 2 mM thymidine for 24 hr and released by washing out the inhibitor with DMEM.
934 Cells enter mitosis at ~7 hr after release.

935

936 For analysis of Scc1-9myc expression ([Figures 3HI and S2G](#)), cells were induced with 1
937 µg/ml of Doxycycline for 24-48 hr before fixation ([Hauf et al., 2001](#)).

938

939 For EdU labelling (Figures 4F and S3D), DM87 cells were synchronized with 2mM
940 hydroxyurea for 20 hr, followed by release and treatment with 5 μ M EdU for 7 hours and
941 then fixed.

942

943 To obtain F-ara-EdU/BrdU labelled chromosomes, low toxicity F-ara-EdU was used
944 (Neef et al., 2011). DM87 cells were cultured in the presence of 8 μ M F-ara-EdU for 4
945 days and then synchronized at G1/S boundary with 2 mM hydroxyurea for another 24 hr.
946 After release from hydroxyurea, cells were treated with 30 μ M BrdU for 10 hr. Then
947 these cells were subsequently released into F-ara-EdU/BrdU- free medium and cultured
948 for 20 hr before fixation. To enrich more mitotic chromosomes for spread, cells were
949 treated with 20 μ M S-trityl-L-cysteine (STLC) for 12 hr.

950

951 For ICRF-193 treatment (Figures 5D, 5E, 6E, S4D and S9A), ICRF-193 was added to a
952 final concentration of 2 μ g/ml by adding to the medium volume in imaging dish an
953 equivalent volume of medium containing 4 μ g/ml ICRF-193, immediately prior to
954 imaging

955

956 For MG132 and BI2536 treatment experiments (Figure S8), the protocol is the same as
957 ICRF-193 treatment, but the final usage concentration for MG132 and BI2536 is 50 μ M
958 and 100 nM, respectively.

959

960 For imaging of Scc1-9myc-non-cleavable cells (Figure S9B), cells were transfected with
961 pH2B-mCherry, further incubated for 8 hr, and then treated with 2 mM Thymidine for 20
962 hr to give synchronization at the G1/S boundary. At the time of release from arrest,
963 Doxycycline was added to a final concentration of 1 μ g/mL and cells further incubated
964 and then imaged after an additional 12 hr.

965

966 **Sample Preparation**

967 **Fixed Whole Cells.** Whole cells were fixed by one of two methods: (1) Methanol
968 fixation (Figures 1D, 2A, 2D, 2E, 3E, 3G, 4D, 6A, 6G-6I, 7A, 7E, 7F, S2F, S2H, S3D,
969 S4A-4B, S4C bottom). Cells were rinsed in 1xPBS (Phosphate Buffered Saline) (137

970 mM NaCl, 2.7 mM KCl, 10 mM Na₂HPO₄, 1.8 mM KH₂PO₄, pH 7.4) and then fixed in
971 pre-chilled 100% methanol for 20 min at -20°C. (2) “Pre-extraction” fixation as in (Liang
972 et al., 2015; Hauf et al., 2001). Cells were rinsed with 0.1% Triton X-100 in HMK buffer
973 (20 mM HEPES, pH 7.5, 1 mM MgCl₂, 100 mM KCl) and, after 1-2min, fixed by
974 treatment either with pre-chilled 100% methanol for 20 min at -20°C (Figure 1C right) or
975 with 3.7% paraformaldehyde for 10 min (Figures 1F, 3B, 3D, 3H, 3I, 4E, S1B, S2D,
976 S2E, S2G and S3E). Following fixation, cells were rinsed with PBS, permeabilized with
977 0.01% (v/v) Triton X-100 in PBS (PBST) for 5 min and incubated in 5% BSA in PBST for
978 2 hr.

979 **Spread Chromosome Preparations.** Cells were collected after trypsinization,
980 suspended in in hypotonic buffer of 50% culture medium in water for 5.5 min, and then
981 fixed in freshly made pre-cold 3:1 methanol-acetic acid (Figures 3H-3I, S1C; Gimenez-
982 Abian et al., 1995). Aliquots of the fixed sample were then dropped on slides and air-
983 dried.

984

985 **Immuno- and/or DNA staining** For immunostaining, whole or spread cell
986 preparations were incubated with the primary antibodies overnight at 4°C, or 1 hr at
987 room temperature. After washing in PBST three times, cells were incubated for 1 hr at
988 room temperature with secondary antibodies. As desired, cells were then stained with 1
989 µg/ml 4',6-diamidino-2-phenylindole (DAPI) in PBS for 10 min, or 0.1 µM YOYO1 in
990 PBS for 10 min before mounting with ProLong Gold anti-fade reagent (Life
991 Technologies).

992

993 Primary antibodies: monoclonal mouse anti-TopIIα (Millipore) at 1:100; polyclonal rabbit
994 anti-hCapH at 1:50 (Novus); polyclonal rabbit anti-hCAPH2 at 1:500 (a gift from Tatsuya
995 Hirano, Japan); rabbit anti-SMC6L1 at 1:50 (Abcam); polyclonal anti-HMG-I/HMG-Y(N-
996 19) at 1:50 (Santa Cruz); monoclonal mouse anti-BrdU Antibody (IIB5) at 1:400 (Santa
997 Cruz); and monoclonal mouse anti-c-Myc Antibody (9E10) at 1:400 (Santa Cruz).

998

999 Secondary antibodies (all at 1:400 dilution): donkey anti-rabbit IgG Alexa fluor 488, 594
1000 and 647, donkey anti-mouse IgG Alexa fluor 488, 555, 594 and 647, donkey anti-goat
1001 IgG Alexa fluor 488 (Thermo Fisher).

1002

1003 For EdU-BrdU labelled chromosomes, spread chromosome samples were incubated
1004 with 1 M HCl for 10 min on ice and with 2 M HCl for 10 min at room temperature, and
1005 then neutralized with phosphate/citric acid buffer (0.2 M Na₂HPO₄, 0.1 M citric acid, pH
1006 7.4) for 10 min at room temperature. After washing and blocking, cells were incubated
1007 with BrdU antibodies diluted in 5% BSA in PBST for 1 hr. Incorporated F-ara-EdU was
1008 detected with Alexa Fluor™ 488 Azide by Click-iT EdU imaging kits.

1009

1010 **Imaging and Data Collection**

1011 ***Fixed samples imaging.*** Fixed samples were imaged in one of three different ways:

1012 - Samples in [Figures 1E, 2A, 3H, 3I, 4E, S2G, S3E and S4B](#) were imaged with
1013 Structured Illumination Microscopy (SIM) using a 100x/1.4 NA Plan-Apochromat
1014 objective on an Elyra PS.1 microscope (Carl Zeiss). Fluorescence excitation was
1015 provided by 405, 488 and 561 nm diode lasers and an Andor EMCCD 1024 x 1024-pixel
1016 camera was used for detection. Stripe-based SIM illumination was utilized. Stripes were
1017 moved laterally five times at five different angles (rotations). Stage movement in Z was
1018 performed using a Z-Piezo system. Three-dimensional images were acquired with a raw
1019 voxel size of 0.05 x 0.05 x 0.08 µm and an updated voxel size of 0.03 x 0.03 x 0.08 µm
1020 after processing. Raw data was processed using Zeiss' ZEN Black software version 2.6.

1021 - Samples in [Figures 1F, 3B, 3D-3F, 4G, 4H, 6G-6I, 7E, 7F, S1B, S1C, S2D-2F,](#)
1022 [S4A middle bottom and S4C bottom](#) were imaged with a LSM880 confocal microscope
1023 equipped with an Airyscan detector (Carl Zeiss) A 63x/1.4 NA Plan-Apochromat
1024 objective was used. Excitation light was from a 405 nm diode laser, 488 nm Argon laser
1025 or a 561 nm DPSS laser. Fluorescence was detected via the Zeiss Airyscan 32-channel
1026 GaAsP PMT array detector in super-resolution (SR) mode. Three-dimensional images
1027 were acquired in LineSequential Scan mode for single channel imaging, in Frame Scan
1028 model for two channels imaging, with 16 Bit depth and a raw voxel size 0.04 x 0.04 x

1029 0.19 μm . The picture voxel sizes were the same after processing. Raw data was
1030 processed using Zeiss' ZEN Black software version 2.6.

1031 - Images in [Figures 2D, 2E, 3G, 4D, 6A, 6D](#) and [S2H, S3D and S4A](#) (except
1032 middle bottom) were taken with an inverted Nikon Ti wide field epi-fluorescence
1033 microscope. Images in [Figures 6E](#) and [S4D](#) were collected using a Zeiss Axioplan
1034 IEmot confocal microscope. Images were collected using MetaMorph (Molecular
1035 Devices). Images were subjected to 1x deconvolution except [Figures 2D, 2E, 6A, 6D](#)
1036 and [S4A](#) (10x) and [6E](#) and [S4D](#) (20x).

1037

1038 **Live-cell Imaging.** Cells were cultured on poly-lysine coated glass-bottom dishes
1039 (MatTek), FluoroBrite DMEM without phenol red (Life Technologies) with 10% FBS, 2
1040 mM L-glutamine and 100 units/ml penicillin plus 100 mg/ml streptomycin.

1041

1042 Snapshots ([Figures 1D, 3A, 3C, 4B, 4C, 2B, S1A, S2A, S2C, S2I, S3B, S3C](#) and [S4C](#)
1043 [top](#)) and real-time imaging ([Figures 5A-5E, S7A, S7C, S8, S9A](#) and [S9B](#)) of living cells
1044 were performed with the LSM880+Airyscan confocal microscope described above.

1045 Samples were placed in a heated stage-top incubator (37°C) that was continually
1046 flooded with humidified air that was pre-warmed (37°C) and mixed with 5% CO₂. Further,
1047 the upper portion of the microscope stand was enclosed in a heated plexiglass chamber
1048 (37°C). Images were acquired at 30 sec, 5 min or other intervals or snapshots.

1049

1050 All raw data for the above experiments was processed using Zeiss' ZEN Black software
1051 version 2.6.

1052

1053 DM87 DNA live cell snapshot pictures ([Figures 4A, 4B](#) and [S3A](#)) and the LLC-Pk EGFP-
1054 TopII α images in [Figures 6E](#) and [S4D](#) were taken on a Nikon-Ti inverted microscope
1055 equipped with a 100x/1.4NA oil emersion objective, Prior Lumen 200 excitation source,
1056 Nikon PerfectFocus system to eliminate Z drift, and an Andor Cascade II EMCCD
1057 camera. Z stacks were collected using a Prior NanoScanZ Nanopositioning Piezo Z
1058 Stage System. Slice separation ranged from 200 nm with 100–300 ms exposure time
1059 per slice, and typically covered a range of 20 μm . Samples were placed in a heated

1060 stage-top incubator (37°C) that was continually flooded with humidified air that was pre-
1061 warmed (37°C) and mixed with 5% CO₂. Slice separation ranged from 200 nm with
1062 100–300 ms exposure time per slice, and typically covered a range of 20 µm for
1063 mammalian cells. Cells were incubated in DMEM with 0.1 µg/ml Hoechst 33342 for 5
1064 min, washed three times with medium prior to imaging as (Liang et al., 2015). The
1065 pictures are deconvolved 1x iteration using AutoQuant (Media Cybernetics, Inc.) with
1066 appropriate point spread functions.

1067

1068 **Image Analysis and Presentation. Channel alignment.** Channel alignment in three
1069 fluorescence channels was implemented using 0.5 µm diameter multi-color beads
1070 (ThermoFisher). Beads were sonicated and dried onto a slide. Images taken in DAPI,
1071 FITC, and Cy3 channels were co-aligned using ZEN channel alignment software (Carl
1072 Zeiss).

1073

1074 **Z direction correction.** Z direction correction was performed using 0.5 µm diameter
1075 multi-color beads. In one approach, inter-plane distance was adjusted using the
1076 appropriate PSF. In a second approach, the 3D bead image was created using Image J
1077 and the inter-plane distance was adjusted manually until the diameter of the bead was
1078 the same in the Z dimension as in the X and Y dimensions. The same correction factor
1079 emerged by both methods.

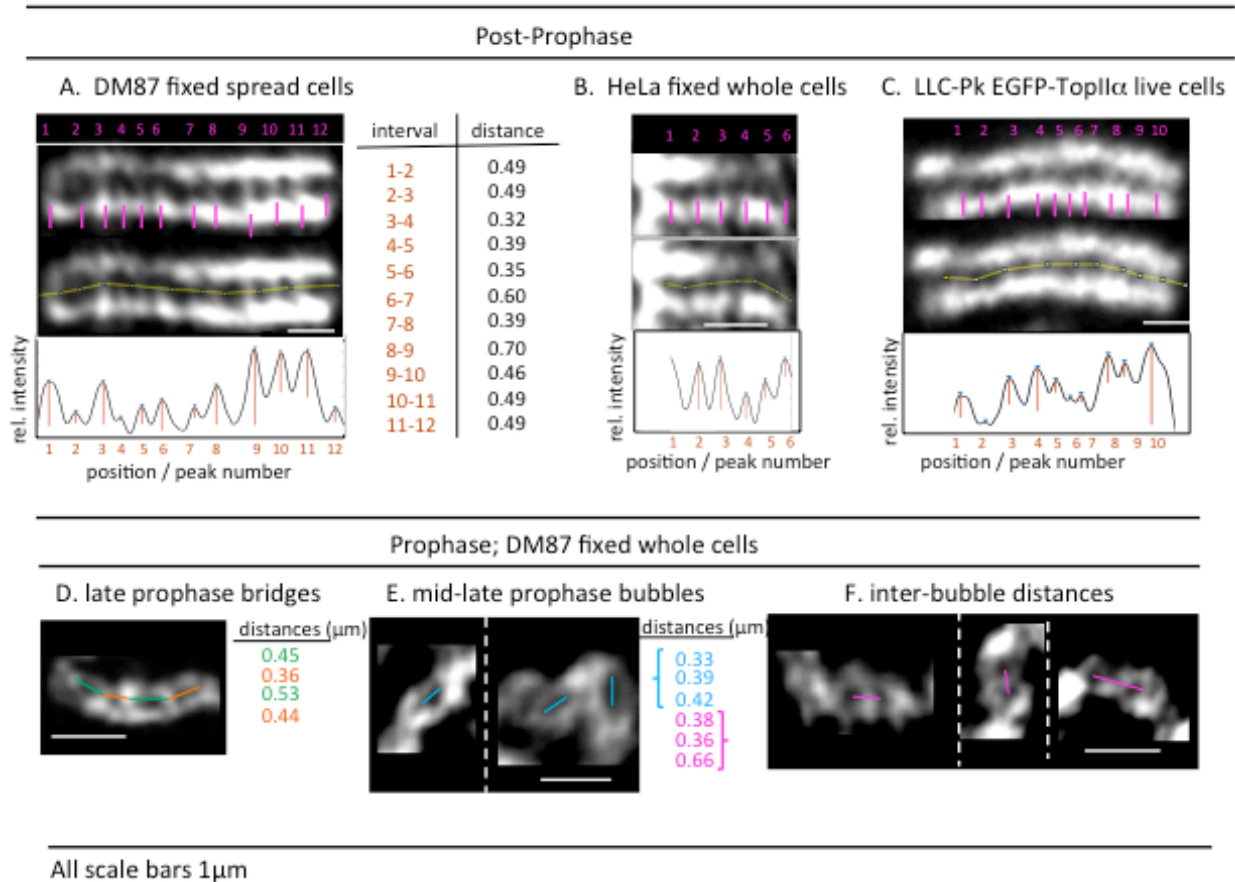
1080

1081 **3D renderings.** All 3D renderings of whole axis and chromatin shapes and/or their
1082 centroids in Figures 6 and 7 were accomplished in PyMOL
1083 (<http://www.pymolwiki.org/index.php/Tiff2ccp4>; D. Jeruzalmi and J. Vertrees). For
1084 whole shapes, the visualized object is an iso-intensity surface contour that defines the
1085 volume encompassing signals whose signals are at or above a defined threshold.
1086 Renderings in Figures 5A, 5B, S7A and S7B) were performed with Volocity
1087 (PerkinElmer).

1088

1089 **Measurement of Distances**

1090 *Inter-bridge distances, inter-bubble distances and bubble sizes* (Figures 2C, 2F and
1091 [Figure S5](#)). Inter-bridge distances (e.g. A-D below). Distances between TopII α bridges
1092 were determined in fixed, spread preparations, in fixed whole cells and in living whole
1093 cells. Representative examples are shown for post-prophase (A-C) and late prophase
1094 (D). In fixed and living whole cells, chromosome examples selected for analysis were
1095 co-planar with the XY imaging plane and measurements were made from the middle
1096 single plane image of a 3D z-stack. For each chromosome, using Fiji, a line was drawn
1097 (yellow in panels (A-C; green/orange in (D)) by hand along the region between the two
1098 chromatids and the intensity profile along the line defined. Along this profile, the
1099 positions of peaks were defined, and the distances (in microns) between adjacent peaks
1100 determined, by the peakfinding function (findpeaks.m) from MatLab:
1101 <https://www.mathworks.com/help/signal/ref/findpeaks.html>. Distances between bridges
1102 as defined by DNA or chromatin staining were determined analogously.
1103 Distances between bubbles and bubble lengths were determined from the same types
1104 of preparations as for bridges. The indicated lines (e.g. E and F below) were drawn by
1105 eye and then measured using Fiji.



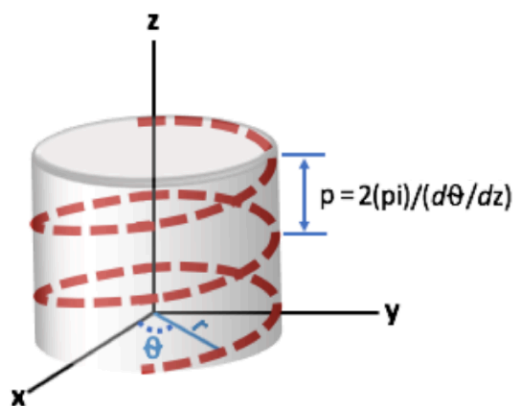
1106

1107 *Inter-axis distances* (Figures S8C and S8E). For a single mid-plane image from a 3D z-
 1108 stack (S8C) or the single plane of a videomicrograph (S8E), a straight line is drawn by
 1109 eye perpendicular to the longitudinal axes of the two chromatids. The lengths of these
 1110 traces were measured in ImageJ software.

1111

1112 **Determination of centroid paths.** The centroid paths of chromosome axis shapes and
 1113 chromatin shapes (Figures 6I-6L, 7A and S6C) were defined with a home-made
 1114 algorithm that uses an intensity-weighted centroid computation.

1115



First, candidate objects in the imaged volume are segmented from adjacent objects and each object is rotated so that its major axis is aligned in the z-direction. The software then segments the object

1120 slice-by-slice calculates the centroid for each slice. The unit of distance from slice to
1121 slice in the z-direction is the same as the dimension of one pixel in the input image. A
1122 minimum Euclidean distance filter then spatially links the centroid across slices.

1123
1124 One end of the centroid path (shown as the "bottom" below) is then assigned as the
1125 local origin, and centroid locations are converted to the cylindrical coordinate system,
1126 (r, θ, z) , which provides a convenient way to reference changes in pitch and handedness.
1127 In this coordinate system, z is the distance along the major axis, while r and θ are lateral
1128 and angular displacements from the local origin, respectively.

1129
1130 Here, pitch p is defined as the distance in z over which changes in θ accumulate to 2π
1131 radians. Because the change in angle is in the denominator, the pitch measurement is
1132 sensitive to noise which presents itself as small-scale, large magnitude swings in value.
1133 A smoothing Gaussian derivative is used when calculating pitch, where the smoothing
1134 scale t is equivalent to the variance of the smoothing Gaussian. This means that any
1135 changes in pitch larger than $1/\sqrt{t}$ are smoothed away.

1136
1137 Changes in sign/zero-crossings in $d\theta/dz$ provides information about the handedness in
1138 the helical tendency of the object centroid. The consequences of using the smoothing
1139 factor t means that the algorithm is insensitive to the location of changes in handedness
1140 at length scales smaller than \sqrt{t} . Since t is measured in pixels, the corresponding
1141 insensitivity in length will depend on scale calibration on the axis over which the centroid
1142 major axis was aligned. The Gaussian smoothing "smears" out uncertainty in the
1143 location of the change in handedness, with the uncertainty being equal to $2\sqrt{t}$. All
1144 centroid paths analyzed in the current study were defined with Gaussian smoothing
1145 function $t=1$ that allows to remove small-scale, large magnitude spikes in $d\theta/dz$ related
1146 to noise. Importantly, the results are not critically dependent on this value: nearly
1147 identical patterns are obtained with smoothing function values of $t=0.1$ to 2 .

1148

1149 **Analysis of axis centroid paths**

1150 *Contour lengths of handedness segments* (Figures 6M and 7B). Contour length of a
1151 segment of given handedness is given by the corresponding the number of slices as
1152 defined by the algorithm, multiplied by the size of the pixel in the image (above).

1153 *Comparison of left- and right-handedness lengths* (Figure S6B) was made by summing
1154 the total number of slices (pixels) of each handedness for the centroid paths of the
1155 desired group of axis images.

1156 *Comparison of handednesses between split sister axes of late leptotene axes* (Figure
1157 S6A). For each late leptotene chromosome, the centroid paths of sister axes were
1158 phased by eye. Then, for each corresponding slice (pixel) position, handedness
1159 comparisons were defined as both R, both L, or different (RL or LR) and the totals for
1160 each category presented.

1161 *Comparison of curvature for mid-prophase and late prophase centroid paths* (Figure 7C).
1162 Centroid paths are given as list of x , y and z coordinates with every point of the path
1163 defined as $\mathbf{P}_i = [x_i, y_i, z_i]$. The circle passing through all three corners of the triangle
1164 formed by the neighboring points \mathbf{P}_{i-n} , \mathbf{P}_i and \mathbf{P}_{i+n} is used to calculate the curvature at \mathbf{P}_i ,
1165 n being a distance from \mathbf{P}_i in pixels. \mathbf{M}_i is the center and R_i is the radius of this circle. The
1166 curvature of the path at \mathbf{P}_i is defined as $\kappa_i = 1/R_i$. The curvature vector \mathbf{k}_i is defined as
1167 the vector of length κ_i in the direction from \mathbf{P}_i to \mathbf{M}_i . κ_i were calculated at every point of
1168 mid-prophase and late prophase centroid paths using an adaptation of Matlab script
1169 (Mjaavatten, 2019) and plotted as histograms normalized with probability density
1170 function.

1171
1172 **STATISTICAL ANALYSIS.** *Gamma fitting analysis* (Figures 2C and 2F). Distance and
1173 length distributions were plotted with Matlab 2018a (The MathWorks, Inc). Distributions
1174 were fitted with a gamma function from the 99% confidence interval. The data means
1175 and their standard deviations were calculated with Matlab. For each of the distributions,
1176 the values of the data mean and the shape parameter from the gamma fit are shown.

1177

1178 **DATA AND SOFTWARE AVAILABILITY**

1179

1180 *Software Availability.* The program for centroid path determination and analysis, written
1181 in MATLAB, is available at https://projects.iq.harvard.edu/kleckner_lab/lab-software

1183 **VIDEOS**

1184 **Video 1.** Prophase to anaphase in living *Haemanthus* chromosomes. ([Inoue and](#)
1185 [Oldenbourg, 1998; doi mk0780643001](#))

1186

1187 **Video 2.** 3D rendering of axis and chromatin centroids for the chromosome in [Figure](#)
1188 [6J](#).

1189

1190 **Video 3.** 3D rendering of unsplit prophase chromosome pictured in [Figure 6G-I](#) and
1191 [Figure 6J\(i\)](#). First half of movie shows axis and chromatin centroids of [Figure 6J\(i\)](#).
1192 Second half of movie shows these centroids embedded in the corresponding whole axis
1193 and chromatin shapes as shown in [Figure 6I](#).

1194

1195 **Video 4.** 3D rendering of axis shape and its centroid for unsplit prophase chromosome
1196 pictured in [Figure 7A, left top](#).

1197

1198 **Video 5.** 3D rendering of axis shape and its centroid for split late prophase
1199 chromosome pictured in [Figure 7A, middle/bottom left](#).

1200

1201

1202

1203 **REFERENCES**

1204

1205 Booth, D.G., Beckett, A.J., Molina, O., Samejima, I., Masumoto, H., Kouprina, N.,
1206 Larionov, V., Prior, I.A., and Earnshaw, W.C. (2016). 3D-CLEM Reveals that a Major
1207 Portion of Mitotic Chromosomes Is Not Chromatin. *Mol. Cell* **64**, 790-802.

1208

1209 Cremer, T. and Cremer, M. (2010). Chromosome Territories. *Cold Spring Harbor*
1210 *Perspect. Biol.* **2**: *a003889*.

1211

1212 Farcas, A-M., Uluocak, P., Helmhart, W. and Nasmyth, K. (2011). Cohesin's
1213 Concatenation of Sister DNAs Maintains Their Intertwining. *Mol. Cell* 44, 97-107.
1214

1215 Gerbode, S.J., Puzey, J.R., McCormick, A.G., and Mahadevan, L. (2012). How the
1216 cucumber tendril coils and overwinds. *Science* 337, 1087-1091.
1217

1218 Gibcus, J.H., Samejima, K., Goloborodko, A., Samejima, I., Naumova, N., Nuebler, J.,
1219 Kanemaki, M.T., Xie, L., Paulson, J.R., Earnshaw, W.C., Mirny, L.A., and Dekker, J.
1220 (2018). A pathway for mitotic chromosome formation. *Science* 359, eaao6135.
1221

1222 Giménez-Abián, J.F., Clarke, D.J., Mullinger, A.M., Downes, C.S., and Johnson, R.T.
1223 (1995). A postprophase topoisomerase II-dependent chromatid core separation step in
1224 the formation of metaphase chromosomes. *J Cell Biol.* 131, 7-17.
1225

1226 Giménez-Abián, J.F., Clarke, D.J., Devlin, J., Giménez-Abián, M.I., De la Torre, C.,
1227 Johnson, R.T., Mullinger, A.M., and Downes, C.S. (2000). Premitotic chromosome
1228 individualization in mammalian cells depends on topoisomerase II activity.
1229 *Chromosoma* 109, 235-44.
1230

1231 Giménez-Abián, J.F., Sumara, I., Hirota, T., Hauf, S., Gerlich, D., De la Torre, C.,
1232 Ellenberg, J., and Peters, J.M. (2004). Regulation of sister chromatid cohesion between
1233 chromosome arms. *Curr. Biol.* 14, 1187-93.
1234

1235 Gómez, R., Jordan, P.W., Viera, A., Alsheimer, M., Fukuda, T., Jessberger, R., Llano,
1236 E., Pendás, A.M., Handel, M.A., and Suja, J.A. (2013). Dynamic localization of SMC5/6
1237 complex proteins during mammalian meiosis and mitosis suggests functions in distinct
1238 chromosome processes. *J Cell Sci.* 126, 4239-52.
1239

1240 Goyal, S., Perkins, N.C., and Lee, C.L. (2005). Nonlinear dynamics and loop formation
1241 in Kirchhoff rods with implications to the mechanics of DNA and cables. *Journal of*
1242 *Computational Physics* 209, 371-389.

1243
1244 Goyal, S., Todd, L., Perkins, N.C., and Meyhofer, E. (2007). Cable dynamics applied to
1245 long length-scale mechanics of DNA. arXiv:physics/0702197
1246
1247 Grinthal, A., Adamovic, I., Weiner, B., Karplus, M., and Kleckner, N. (2010). PR65, the
1248 HEAT-repeat scaffold of phosphatase PP2A, is an elastic connector that links force and
1249 catalysis. Proc. Natl. Acad. Sci. USA *107*, 2467-2472.
1250
1251 Groves, M.R. and Barford, D. (1999). Topological characteristics of helical repeat
1252 proteins. Curr. Opin. Struct. Biol. *9*, 383-389.
1253
1254 Halatek, J., Brauns, F., and Frey, E. (2018). Self-organization principles of intracellular
1255 pattern formation. Philos. Trans. R. Soc. Lond. B. Biol. Sci. *373*, 20170107.
1256
1257 Hauf, S., Waizenegger, I.C., and Peters, J.M. (2001). Cohesin cleavage by separase
1258 required for anaphase and cytokinesis in human cells. Science *293*,1320-1323.
1259
1260 Houchmandzadeh, B., and Dimitrov, S. (1999). Elasticity measurements show the
1261 existence of thin rigid cores inside mitotic chromosomes. J. Cell Biol. *145*, 215-223.
1262
1263 Houchmandzadeh B, Marko JF, Chatenay D, Libchaber A. (1997). Elasticity and
1264 structure of eukaryote chromosomes studied by micromanipulation and micropipette
1265 aspiration. J Cell Biol. *139*, 1-12.
1266
1267 Inoué, S. and Oldenbourg, R. (1998). Microtubule dynamics in mitotic spindle displayed
1268 by polarized light microscopy. Mol. Biol. Cell *9*, 1603-1607.
1269
1270 Jane, F.W. (1934). The structure of somatic chromosomes of *Alstromeria* and *Bomarea*.
1271 J. Cell Sci *s2-77*: 49-75
1272

1273 Kirchhoff, G. (1859). Über das Gleichgewicht und de Bewegung eines unendlich
1274 dunnen elastischen Stabes. *J. Mathematik (Grelle)* 56, 285-313.

1275 Kleckner N, Zickler D, Jones GH, Dekker J, Padmore R, Henle J, Hutchinson J. (2004)
1276 A mechanical basis for chromosome function. *Proc Natl Acad Sci U S A.* 101:12592-7.

1277 Kops, G.J., van der Voet, M., Manak, M.S., van Osch, M.H., Naini, S.M., Brear, A.,
1278 McLeod, I.X., Hentschel, D.M., Yates, J.R.3rd., van den Heuvel, S., and Shah, J.V.
1279 (2010). APC16 is a conserved subunit of the anaphase-promoting complex/cyclosome.
1280 *J. Cell Sci.* 123,1623-1633.

1281 Ku, Torii (2012). Two-dimensional spatial patterning in developmental systems. *Trends*
1282 *Cell. Biol.* 22, 438-446.

1283 Lebofsky, R., Heilig, R., Sonnleitner, M., Weissenbach, J., and Bensimon, A. (2006).
1284 DNA replication origin interference increases the spacing between initiation events in
1285 human cells. *Mol. Biol. Cell* 17, 5337-5346.

1286 Liang, Z., Zickler, D., Prentiss, M., Chang, F.S., Witz, G., Maeshima, K., and Kleckner,
1287 N. (2015). Chromosomes Progress to Metaphase in Multiple Discrete Steps via Global
1288 Compaction/Expansion Cycles. *Cell* 161, 1124-1137.

1289

1290 Liu, J., Huang, J., Su, T., Bertoldi, K., and Clarke, D.R. (2014). Structural transition from
1291 helices to hemihelices. *PLoS One.* 9, e93183.

1292

1293 Llères, D., James, J., Swift, S., Norman, D.G., and Lamond, A.I. (2009). Quantitative
1294 analysis of chromatin compaction in living cells using FLIM-FRET. *J. Cell Biol.* 16, 481-
1295 496.

1296

1297 Love, A.E.H. (1927). *A treatise on the mathematical theory of elasticity* (4th Edition,
1298 Cambridge University Press).

1299

1300 Maeshima, K. and Laemmli, U.K. (2003). A two-step scaffolding model for mitotic
1301 chromosome assembly. *Dev. Cell* 4, 467-80.
1302

1303 Maeshima, K., Imai, R., Tamura, S., and Nozaki, T. (2014). Chromatin as dynamic 10-
1304 nm fibers. *Chromosoma* 123, 225-237.
1305

1306 Manders, E.M., Kimura, H., and Cook, P.R. (1999). Direct imaging of DNA in living cells
1307 reveals the dynamics of chromosome formation. *J. Cell Biol.* 144, 813–821.
1308

1309 Marko, J.F. and Siggia, E.D. (1997). Polymer models of meiotic and mitotic
1310 chromosomes. *Mol. Biol. Cell* 8, 2217-2231.
1311

1312 Marko, J.F. and Poirier, M.G. (2003). Micromechanics of chromatin and chromosomes.
1313 *Biochem. Cell Biol.* 81, 209-20.
1314

1315 Marsden, M.P. and Laemmli, U.K. (1979). Metaphase chromosome structure: evidence
1316 for a radial loop model. *Cell* 17, 849-58.
1317

1318 Mizuuchi, K. and Vecchiarelli, A.G. (2018). Mechanistic insights of the Min oscillator via
1319 cell-free reconstitution and imaging. *Phys. Biol.* 15, 031001.
1320

1321 Mjaavatten, A. (2019). Curvature of a 2D or 3D curve.
1322 ([https://www.mathworks.com/matlabcentral/fileexchange/69452-curvature-of-a-2d-or-](https://www.mathworks.com/matlabcentral/fileexchange/69452-curvature-of-a-2d-or-3d-curve)
1323 [3d-curve](https://www.mathworks.com/matlabcentral/fileexchange/69452-curvature-of-a-2d-or-3d-curve)), MATLAB Central File Exchange.
1324

1325 Nagasaka, K., Hossain, M.J., Roberti, M.J., Ellenberg, J., and Hirota, T. (2016). Sister
1326 chromatid resolution is an intrinsic part of chromosome organization in prophase. *Nat.*
1327 *Cell Biol.* 18, 692-9.

1328 Nakajima M, Kumada K, Hatakeyama K, Noda T, Peters JM, Hirota T. (2007) The
1329 complete removal of cohesin from chromosome arms depends on separase. *J Cell Sci.*
1330 *120*:4188-96.

1331 Natsume, T., Kiyomitsu, T., Saga, Y., and Kanemaki, M.T. (2016). Rapid Protein
1332 Depletion in Human Cells by Auxin-Inducible Degron Tagging with Short Homology
1333 Donors. *Cell Rep.* *15*, 210-218.

1334 Neef, A.B., and Luedtke, N.W. (2011). Dynamic metabolic labeling of DNA in vivo with
1335 arabinosyl nucleosides. *Proc. Natl. Acad. Sci. USA* *108*, 20404-20409.

1336

1337 Neumann, B., Walter, T., Hériché, J.K., Bulkescher, J., Erfle, H., Conrad, C., Rogers, P.,
1338 Poser, I., Held, M., Liebel, U., Cetin, C., Sieckmann, F., Pau, G., Kabbe, R., Wünsche,
1339 A., Satagopam, V., Schmitz, M.H., Chapuis, C., Gerlich, D.W., Schneider, R., Eils, R.,
1340 Huber, W., Peters, J.M., Hyman, A.A., Durbin, R., Pepperkok, R., and Ellenberg, J.
1341 (2010). Phenotypic profiling of the human genome by time-lapse microscopy reveals
1342 cell division genes. *Nature* *464*, 721-727.

1343

1344 Neuwald, A.F. and Hirano, T. (2000). HEAT repeats associated with condensins,
1345 cohesins, and other complexes involved in chromosome-related functions. *Genome Res.*
1346 *10*, 1445-52.

1347

1348 Ono, T., Fang, Y., Spector, D.L., and Hirano, T. (2004). Spatial and temporal regulation
1349 of Condensins I and II in mitotic chromosome assembly in human cells. *Mol. Biol. Cell*
1350 *15*, 3296-308.

1351

1352 Piskadlo, E., Tavares, A. and Oliveira, R.A. (2017). Metaphase chromosome structure is
1353 dynamically maintained by condensin I-directed DNA (de)catenation. *Elife* *6*, e26120.

1354

1355 Poirier, M.G. and Marko, J.F. (2002). Mitotic chromosomes are chromatin networks
1356 without a mechanically contiguous protein scaffold. *Proc. Natl. Acad. Sci. USA* *99*,
1357 15393-15397.

1358
1359 Schindelin, J., Arganda-Carreras, I., Frise, E., Kaynig, V., Longair, M., Pietzsch, T.,
1360 Preibisch, S., Rueden, C., Saalfeld, S., Schmid, B., et al. (2012). Fiji: an open-source
1361 platform for biological-image analysis. *Nat. Methods* 28, 676–682.
1362
1363 Skibbens, R.V. (2019). Condensins and cohesins - one of these things is not like the
1364 other! *J. Cell Sci.* 132, jcs220491.
1365
1366 Tavormina, P.A., Côme, M.G., Hudson, J.R., Mo, Y.Y., Beck, W.T., and Gorbsky, G.J.
1367 (2002). Rapid exchange of mammalian topoisomerase II alpha at kinetochores and
1368 chromosome arms in mitosis. *J. Cell Biol.* 158, 23-29.
1369
1370 Turing, A.M. (1952). The Chemical Basis of Morphogenesis. *Philosophical*
1371 *Transactions of the Royal Society of London. Series B, Biological Sciences* 237, 37-72.
1372
1373 Vassilev, L.T., Tovar, C., Chen, S., Knezevic, D., Zhao, X., Sun, H., Heimbrosk, D.C.,
1374 Chen, L. (2006). Selective small-molecule inhibitor reveals critical mitotic functions of
1375 human CDK1. *Proc. Natl. Acad. Sci. USA* 103, 10660-10665.
1376
1377 Wang, J.C. (2002). Cellular roles of DNA topoisomerases: a molecular perspective. *Nat.*
1378 *Rev. Mol. Cell Biol.* 3, 430-40.
1379
1380 Wang, J.C. and Cozzarelli, N.R. (1990) DNA Topology and Its Biological Effects.
1381
1382 Yoshimura, S.H. and Hirano, T. (2016). HEAT repeats - versatile arrays of amphiphilic
1383 helices working in crowded environments? *J. Cell Sci.* 129, 3963-3970.
1384

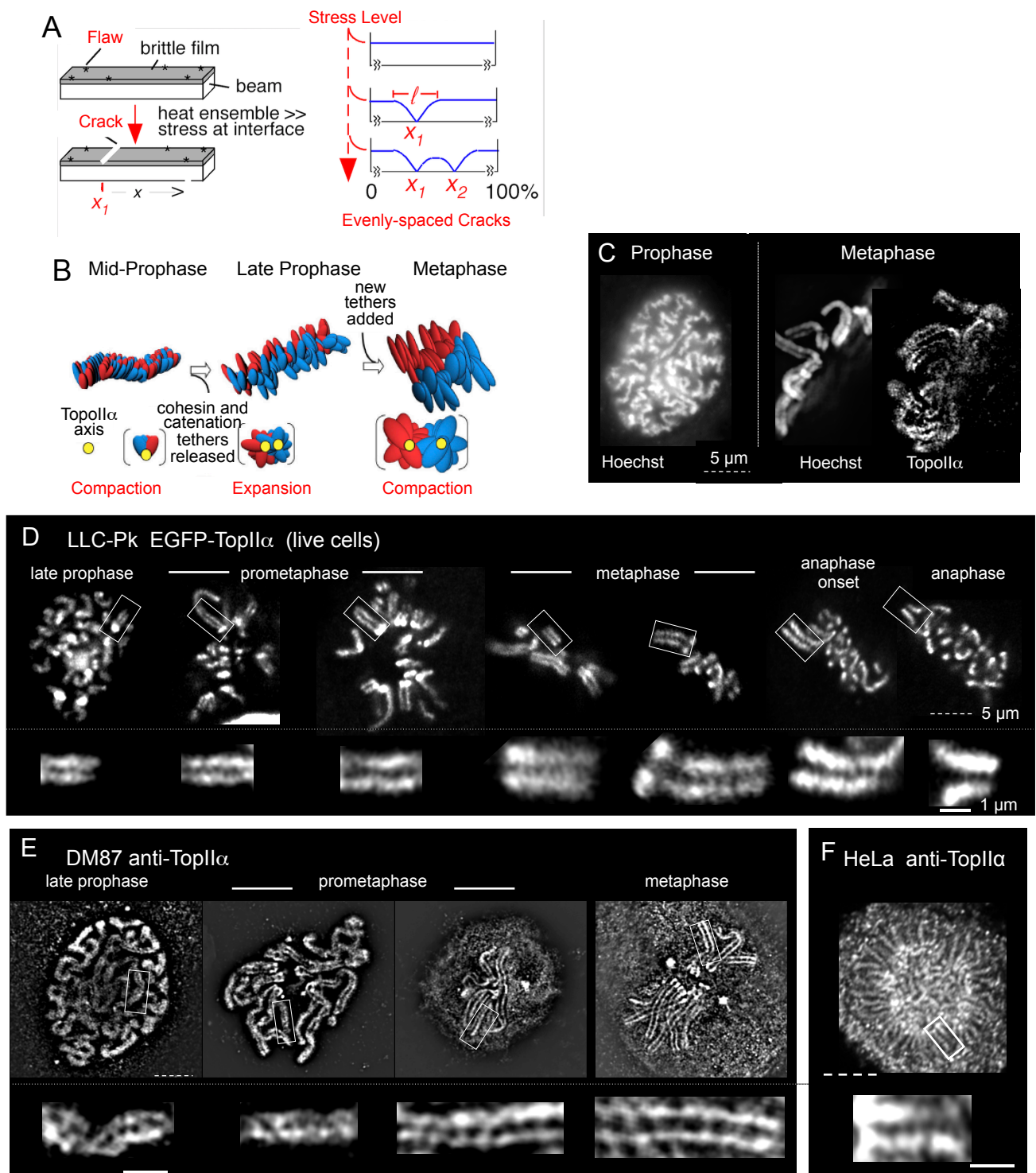


Figure 1

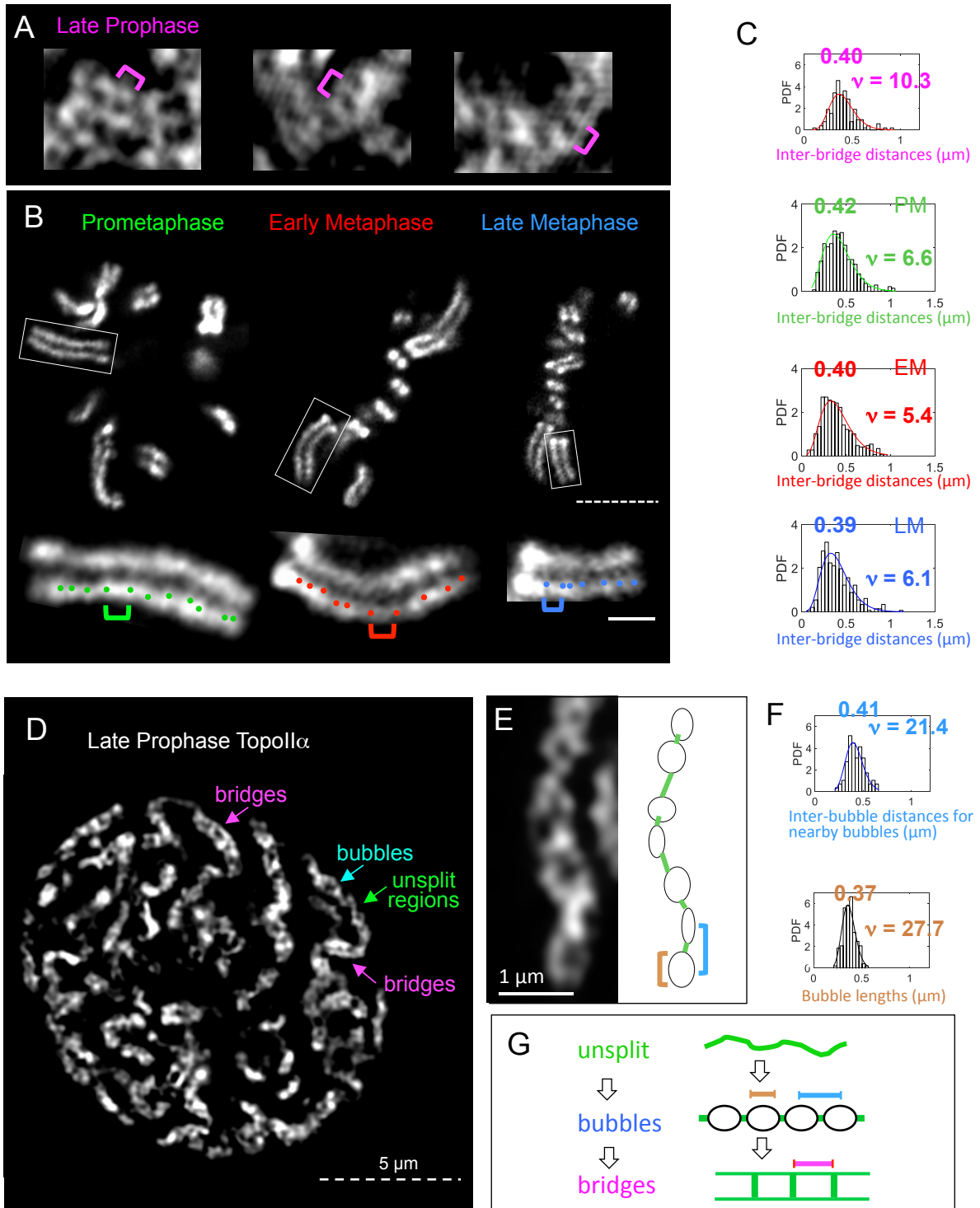


Figure 2

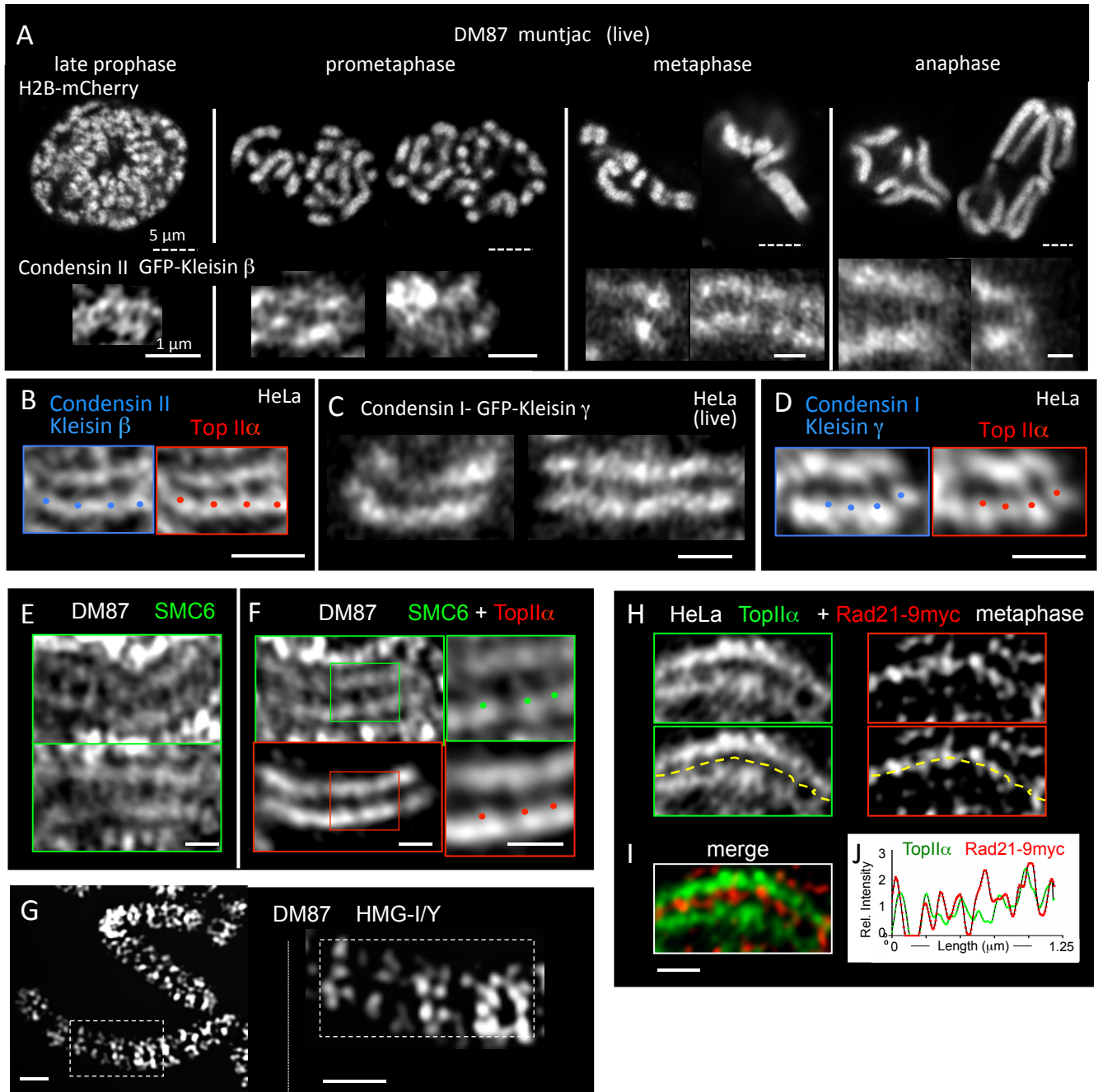


Figure 3

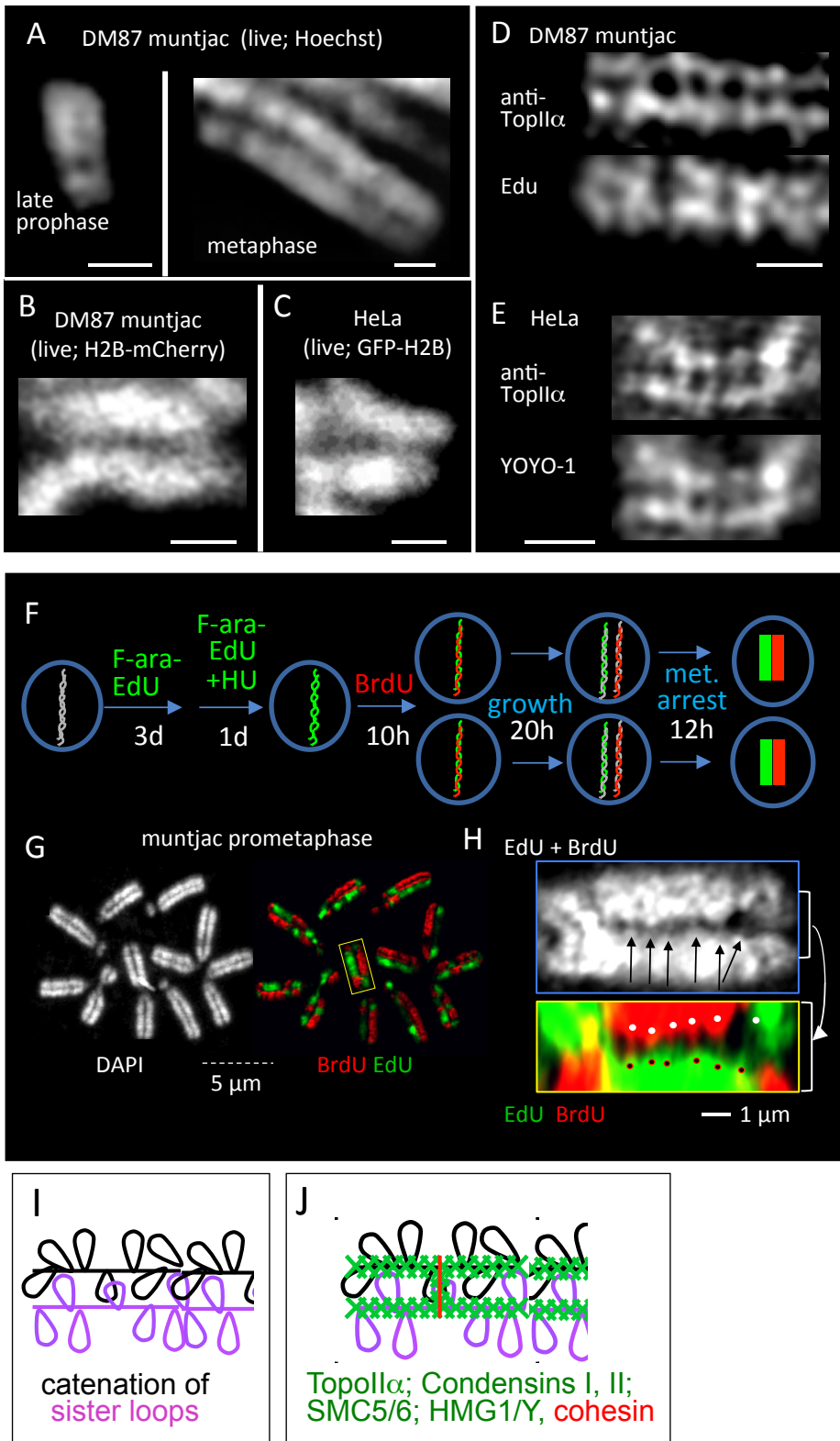


Figure 4

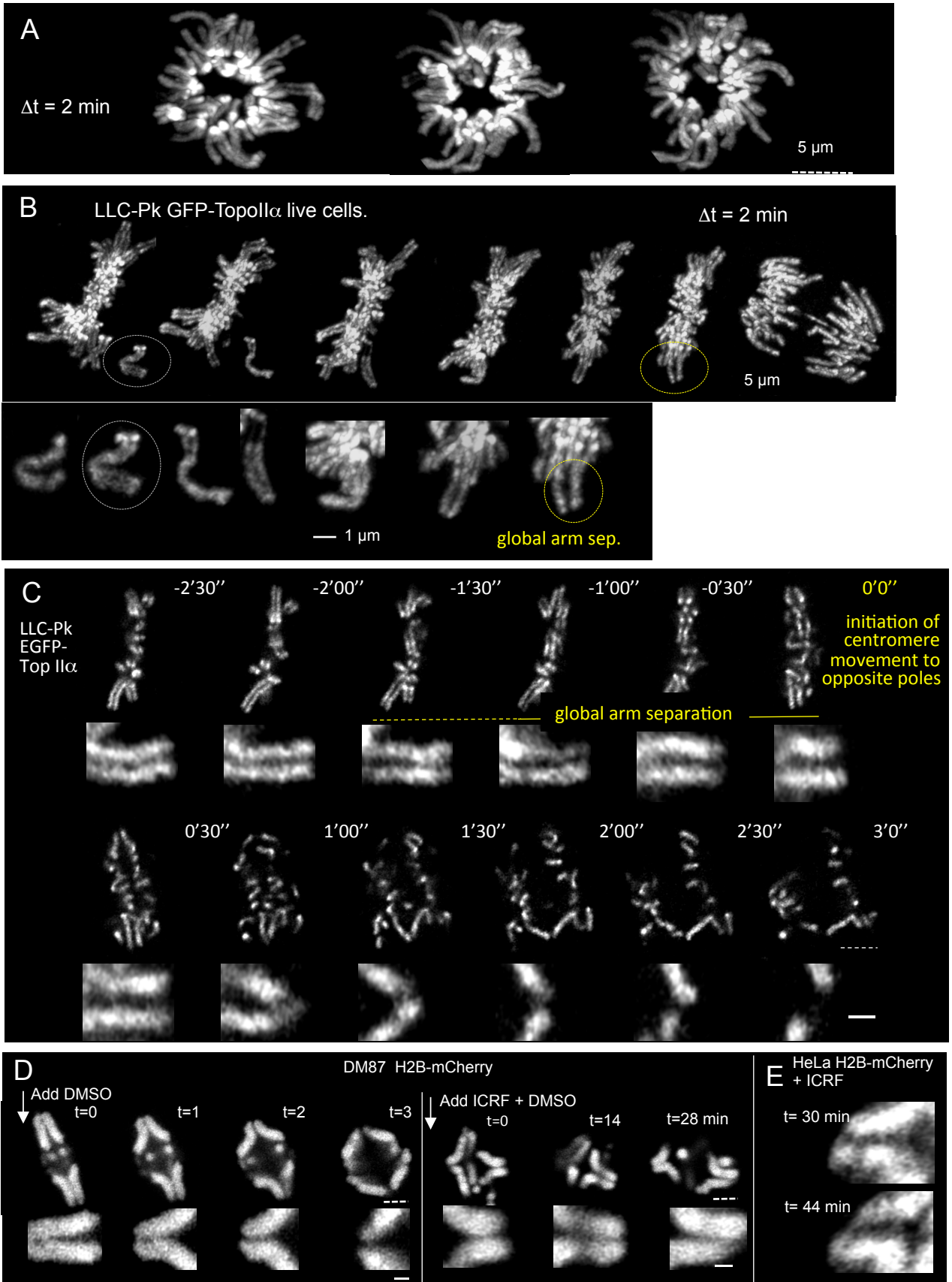


Figure 5

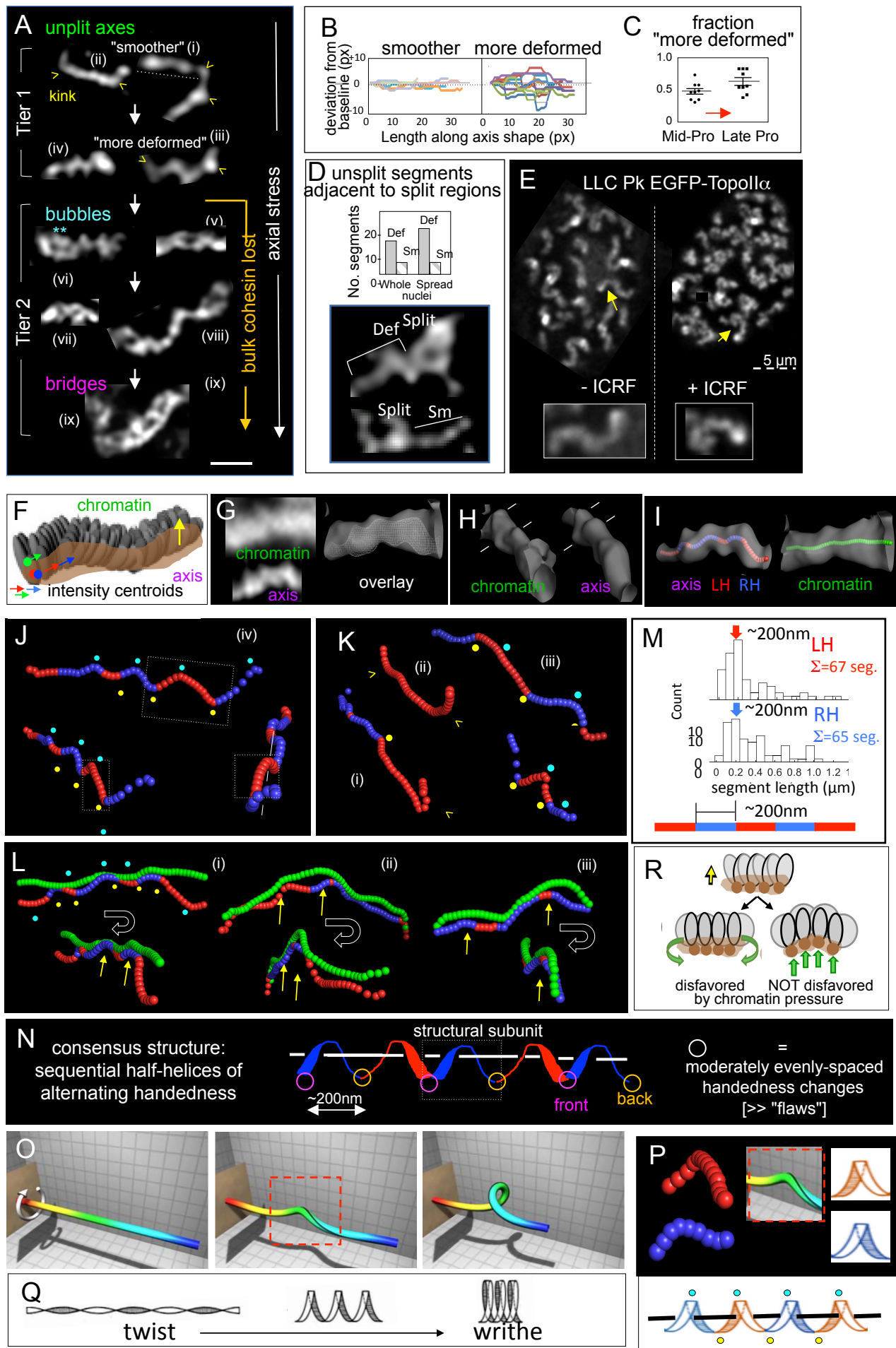


Figure 6

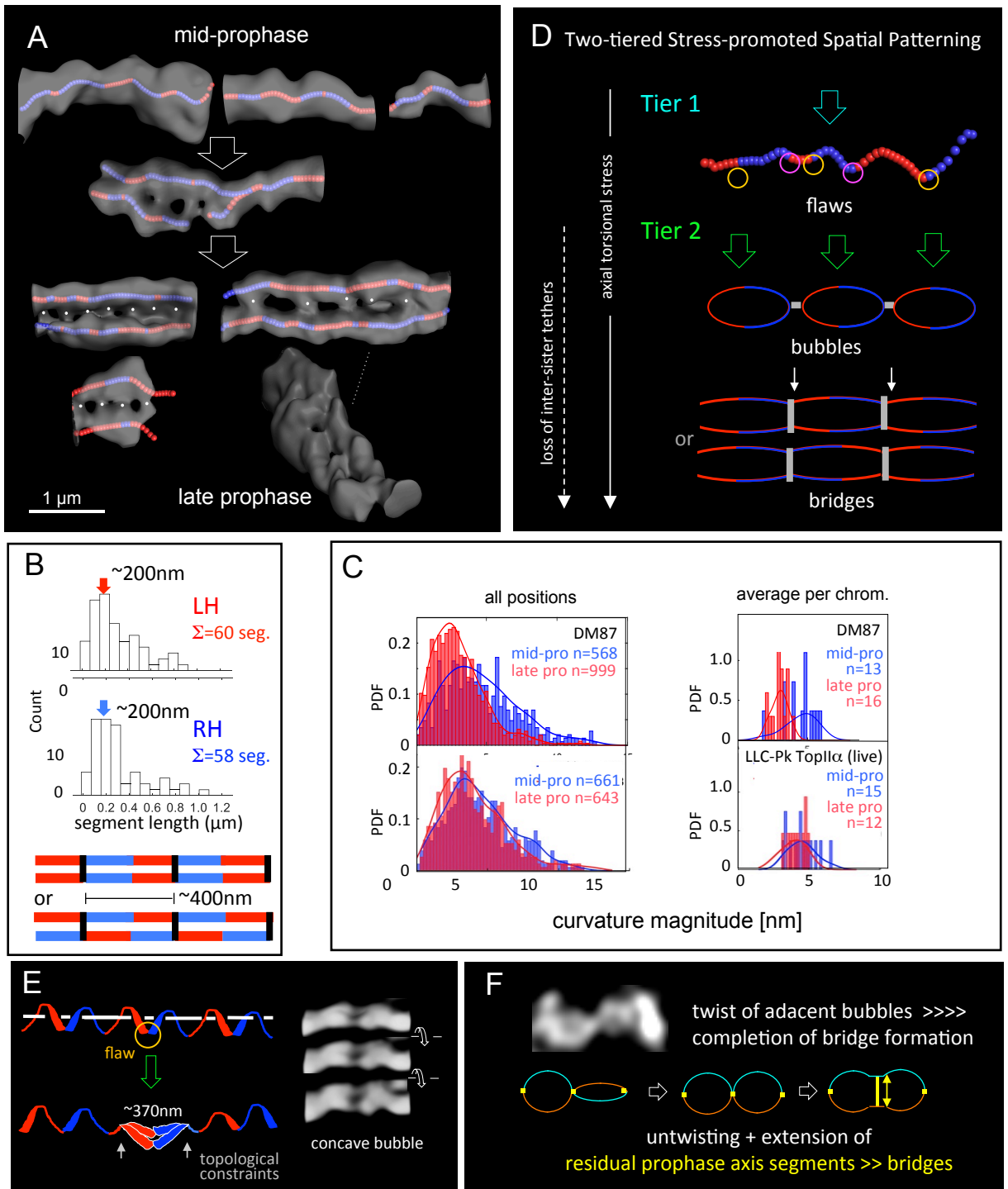


Figure 7